

# STEP 2 CK REGISTRATION & PLANNING

ACADEMIC SUPPORT – DR. BRICE & DR. TYLER



# WHAT IS STEP 2 CK?

- Tests ability to apply medical knowledge, skills, and understanding of clinical science
- Emphasis on health promotion and disease prevention.
- Ensures that attention is devoted to principles of clinical sciences and basic patient-centered skills.

# TEST DAY SNAPSHOT

- Total Questions: 318
- Questions per block: 40
- Number of blocks: 8
- Time given per block: 1 HOUR
- Total exam time: 9 HOURS
- Total break time: 45 min + 15 Orientation= 1 HOUR



# CONTENT OUTLINE

## STEP 2 CK SYSTEM SPECIFICATIONS

System	Range,%
General Principles of Foundational Science	2-4
Immune System	3-5
Blood & Lymphoreticular System	4-6
Behavioral Health	6-8
Nervous System & Special Senses	6-8
Musculoskeletal System/Skin & Subcutaneous Tissue	6-10
Cardiovascular System	8-10
Respiratory System	7-9
Gastrointestinal System	7-9
Renal & Urinary System & Male Reproductive	4-6
Pregnancy, Childbirth & the Puerperium	4-6
Female Reproductive System & Breast	4-6
Endocrine System	4-6
Multisystem Processes & Disorders	4-6
Biostatistics & Epidemiology/Population Health/Interpretation of Medical Literature	3-5
Social Sciences: Legal/Ethical Issues & Professionalism/Systems-based Practice & Patient Safety	10-15

## CONTENT OUTLINE, CONT.

## STEP 2 CK PHYSICIAN TASK/COMPETENCIE S SPECIFICATIONS

Competency	Range, %
Medical Knowledge:Applying Foundational Science Concepts	0
Patient Care: History and Physical Exam	0
Patient Care: Laboratory/Diagnostic Studies	13-17
Patient Care: Diagnosis	16-20
Patient Care: Prognosis/Outcome	5-9
Patient Care: Health Maintenance/Disease Prevention	8-12
Patient Care: Pharmacotherapy	8-12
Patient Care: Clinical Interventions	6-10
Patient Care: Mixed Management	12-16
Practice-based Learning & Improvement	3-5
Professionalism	5-7
Systems-based Practice & Patient Safety	5-7

CONTENT OUTLINE,  
CONT.

STEP 2 CK  
DISCIPLINE  
SPECIFICATIONS

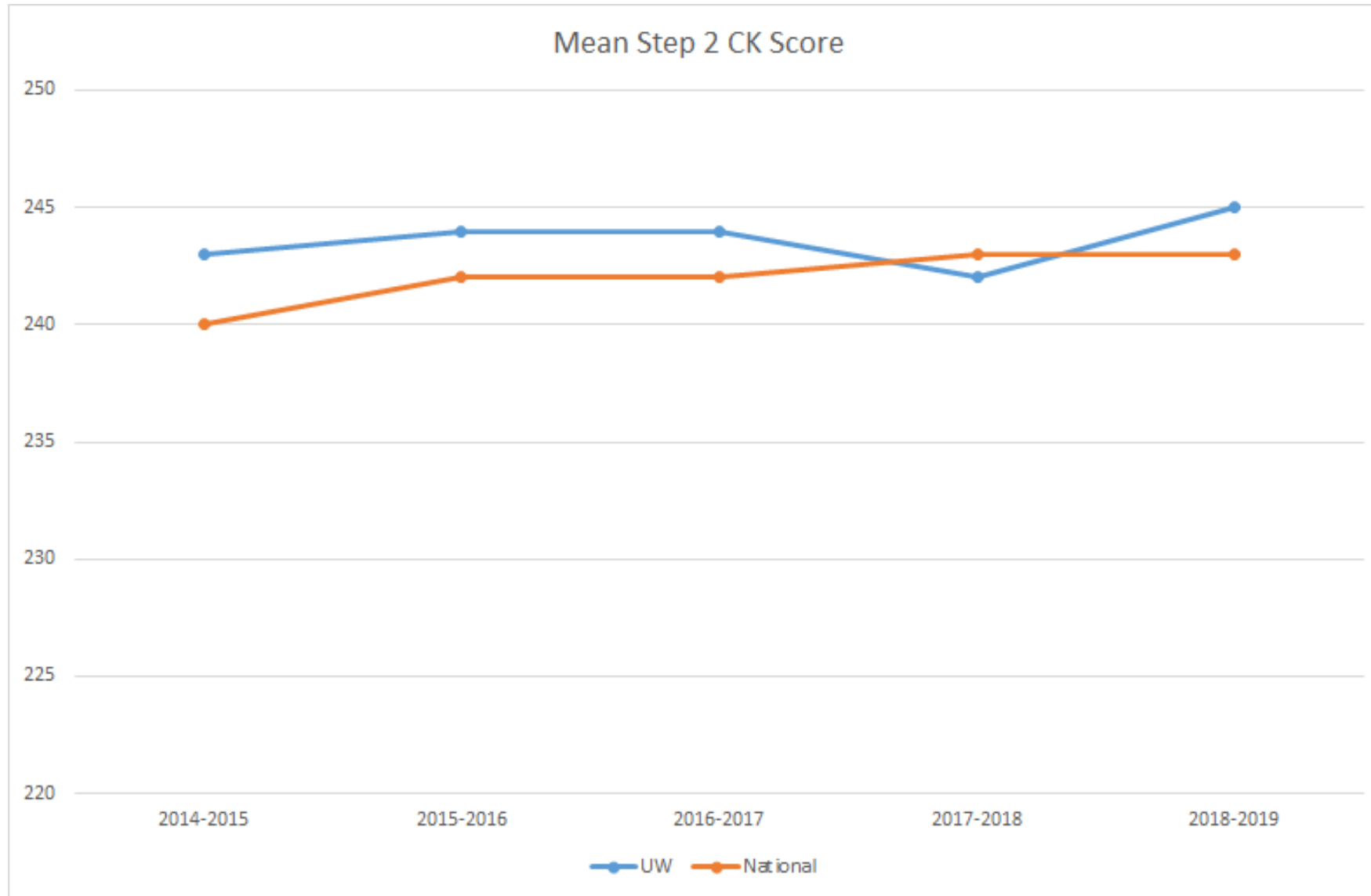
<b>Medicine</b>	<b>50-60</b>
Surgery	25-30
Pediatrics	20-25
Obstetrics & Gynecology	10-20
Psychiatry	10-15

# SCORING

- The Step 2CK scores are reported in a 3-digit format with a **range between 1 and 300**.
- The passing score is **214**.
- UWSOM found a strong correlation between clerkship exam scores and Step 2 CK scores (in students who took Step 2 CK in 2020 and 2021)



# HOW UWSOM COMPARES WITH THE NATIONAL STEP 2 CK SCORE





## 2021-2022 STEP 2 CK SUMMARY REPORT

- 273 students tested
- Minimum passing score 209
- UWSOM Passing Rate 99% (National Average 99%)
- UWSOM Average Score 248 (National Average 247)

# REGISTRATION

- Register on [NBME website](#) ; \$660 fee
- If you have accepted all your aid, the money should be available to cover the Step 2 CK fee; [Financial Aid](#)
- No need to complete a new CID form; you will use the same testing ID to register
- Note: MSTP students may need to complete a new CID form as they typically last 5 years.
- Select an eligibility period (3 months) that includes June 2023
- 2-4 weeks to receive scheduling permit; test dates available through prometric 6 months in advance
- Deadline: **June 30, 2023\*** or 12 weeks after Patient Care Phase

# NBME/DRS TESTING ACCOMMODATIONS

- Students who require test accommodations are encouraged to **begin their process with the NBME as soon as possible.**
- Student should also **begin their UWSOM process as soon as possible with Kowan Russell**, Access Coordinator from Disability Resource Services (DRS) .
- DRS and NBME are two separate processes and have different requirements (NBME is more stringent)
- Supporting Documentation is required and NBME can take 60-90 days to respond
- No scheduling permit will be granted before NBME responds; cannot select a test date.
- For more information about NBME accommodations please visit: <https://www.usmle.org/test-accommodations/forms.html>

# NBME DOCUMENTATION GUIDELINES

- <https://www.usmle.org/test-accommodations/guidelines.html>
  - Request for Test Accommodation Form
  - Personal Statement
  - Professional Evaluation
  - Relevant Records of Impaired Functioning
- Your documentation is a key factor in whether your request is approved/declined
- Documentation must be within last **3 years** to establish current impairment and need. For psychiatric disabilities, they want documentation from last **6 months**
- Work in advance with your provider to get documentation that meets their specific requirements

# RESPONSIBILITIES

- **Student Responsibility:**
  - Learn and understand NBME requirements for accommodations
  - Consult with DRS for support and guidance
  - Submit required materials to NBME
- **DRS Responsibility:**
  - Meet with students to guide answer questions related to NBME accommodations
  - Complete Certification of Prior Testing Accommodations (CPTA) form
  - Provide letter of support for denials (if desired; 3-week lead time needed)

## WHEN SHOULD I TAKE STEP 2 CK?

- Students must pass all Patient Care Phase clerkships, including any remediation, before taking Step 2-CK.
- Students must take Step 2-CK no later than June 30 of the year prior to expected graduation year.
- For students completing their Patient Care Phase off-cycle from the projected timeline, Step 2-CK must be taken within 12 weeks of completing the Patient Care Phase.
- If a passing score is not recorded by the deadline for National Residency Matching Program certification, a delay of graduation *may* be necessary.

## STEP 2 CK TIMELINE

### **Autumn/Winter of Clinical Phase (3rd Year)**

- Register for Step 2 CK
- Keep up with clinical rotations and shelf exams
- Meet with your learning specialist to talk about a study plan.

### **Dedicated Study Time (April – June)**

- Start 8-12 hours of daily study (4-6 weeks dedicated period)
- Engage in content review; mock blocks and self-assessments.
- Check in regularly with your learning specialist.

# CREATING A STUDY PLAN

- Students typically take 4-6 weeks to study for Step 2 CK; your timeline may be different depending on your individual needs
- You can work with your learning specialist to create an individualized weekly and monthly study plan based on your test date.
- Check in regularly with your learning specialist to discuss progress of your study plan and with your practice exams.
- Review your practice exam score reports with your learning specialist and adjust study plan as needed.
- Plan your practice exams days each week.
- Plan your day off each week.



# SAMPLE 4 WEEK STUDY PLAN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Medicine	Neurology	Surgery	<b>UWORLD 1 + Exam Review</b>	Obstetrics & Gynecology	Pediatrics	<b>DAY OFF</b>
8	9	10	11	12	13	14
<b>NBME + Exam Review</b>	Cardiovascular	Respiratory System	Renal + Urinary	Infectious Disease (All Systems)	<b>NBME + Exam Review</b>	<b>DAY OFF</b>
15	16	17	18	19	20	21
Immune System + Heme/Onc	Endocrine System	Gastrointestinal System	<b>NBME + Exam Review</b>	Psychiatry/ Behavioral Health	Musculoskeletal System/Skin & Subcutaneous Tissue	<b>DAY OFF</b>
22	23	24	25	26	27	28
Ethics and Legal Issues	<b>UWORLD 2 + Exam Review</b>	Biostatistics & Epidemiology	<b>Free 120 Step 2 CK</b>	Rapid Review First Aid Book Step 2 CK	<b>DAY OFF</b>	<b>STEP 2 CK TEST DAY</b>

# SAMPLE STUDY PLAN



- 8am-12pm: Take Mockblocks and Review Answers
- 12pm-1pm: Lunch Break
- 1pm-5pm: Mixed or Subject Specific Content Review
- 5pm-6pm: Dinner Break
- 6pm-8pm: Review Supplemental Study Materials

# STEP 2 CK RESOURCES

Rank	Title (all editions)	% of students used
1.	UWorld	77.8
2.	OnlineMedEd   Clinical	32.6
3.	Anki	32.2
4.	First Aid for the USMLE Step 2 CK Clinical Knowledge	18.9
5.	Boards and Beyond   Step 2-3 Clinical	15.9
6.	AMBOSS	15.2
7.	Master the Boards USMLE Step 2 CK	9.8
8.	SketchyIM	5.4
9.	SketchyPharm	5.2
10.	Step-Up to Medicine	5.2

Source: Cramfighter



# READINESS FOR TEST DAY

## Self-Assessments – NBME Forms (Step 2 CK Practice Tests)

- **Ideally want a 10-point cushion**
- **Score >225**

## UWorld Mock blocks (40 questions timed, all systems all subjects)

- **Average score:  
60%-70%+**

## How you personally feel

- **Do you feel ready  
to take the exam**

# WHAT CAN I DO NOW?

- Keep up with your clinical rotations and subject exams, it is the most important priority right now!
- Start the registration process
- Gather any paperwork or documentation you might need
- Start planning and exploring your study resources
- Determine learning specialist; you will no longer work with your Foundations specialists in Wyoming, Spokane, Montana, Alaska or Idaho.
- Dr. Brice (Cascade, Wyoming, Montana, Alaska) & Dr. Tyler (Olympic, Spokane, Idaho)
- You'll hear from us again in March 2023

# QUESTIONS?

REGISTRATION:  
[SOMREG@UW.EDU](mailto:SOMREG@UW.EDU)

CONTACT INFO:  
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SCHEDULING  
LINK: [HTTPS://UWSOM-  
STUDENTAFFAIRS.AS.ME/](https://uwsom-studentaffairs.as.me/)

ACADEMIC  
SUPPORT: [WEBSITE](#)