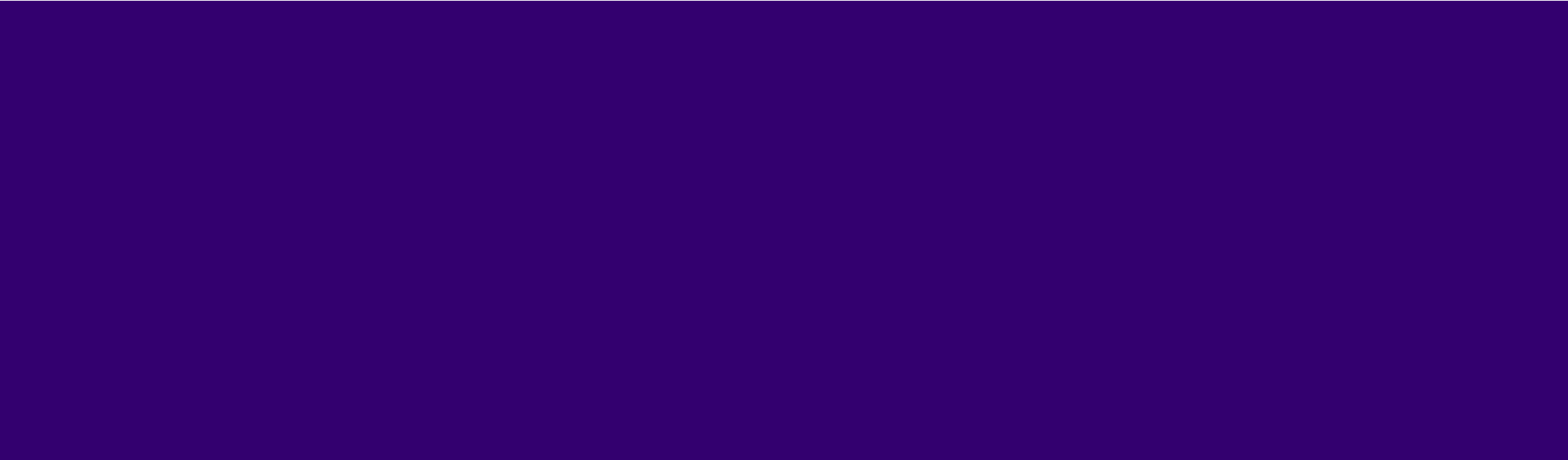
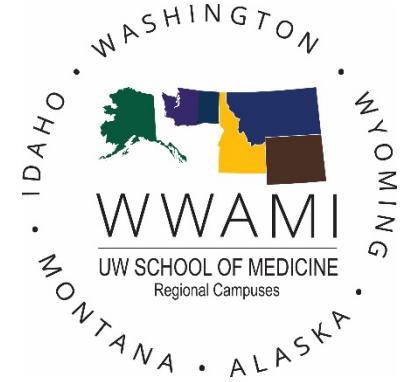


STEP 2 CK REGISTRATION & PLANNING

ACADEMIC SUPPORT – DR. BRICE & DR. TYLER
OCTOBER 2021



WHAT IS STEP 2 CK?

- Assesses ability to apply medical knowledge, skills, and understanding of clinical science
- Emphasis on health promotion and disease prevention.
- Ensures that attention is devoted to principles of clinical sciences and basic patient-centered skills.
- (1) day examination, divided into (8) 60-minute blocks in (1) 9-hour testing session.
- 318 items
- 45 minutes of break time and a 15-minute optional tutorial.

System	Range, %
General Principles of Foundational Science**	2–4
Immune System	3–5
Blood & Lymphoreticular System	4–6
Behavioral Health	6–8
Nervous System & Special Senses	6–8
Musculoskeletal System/Skin & Subcutaneous Tissue	6–10
Cardiovascular System	8–10
Respiratory System	7–9
Gastrointestinal System	7–9
Renal & Urinary System & Male Reproductive	4–6
Pregnancy, Childbirth & the Puerperium	4–6
Female Reproductive System & Breast	4–6
Endocrine System	4–6
Multisystem Processes & Disorders	4–6
Biostatistics & Epidemiology/Population Health/Interpretation of Medical Literature	3–5
Social Sciences: Legal/Ethical Issues & Professionalism/Systems-based Practice &	10–15

CONTENT OUTLINE

CONTENT OUTLINE, CONT.

Table 2: Step 2 CK Physician Task/Competencies Specifications*

Competency	Range, %
Medical Knowledge: Applying Foundational Science Concepts	0**
Patient Care: History and Physical Exam	0***
Patient Care: Laboratory/Diagnostic Studies	13–17
Patient Care: Diagnosis	16–20
Patient Care: Prognosis/Outcome	5–9
Patient Care: Health Maintenance/Disease Prevention	8–12
Patient Care: Pharmacotherapy	8–12
Patient Care: Clinical Interventions	6–10
Patient Care: Mixed Management	12–16
Practice-based Learning & Improvement	3–5
Professionalism	5–7
Systems-based Practice & Patient Safety	5–7

Table 3: Step 2 CK Discipline Specifications

Competency	Range, %
Medicine	50-60
Surgery	25-30
Pediatrics	20-25
Obstetrics & Gynecology	10-20
Psychiatry	10-15

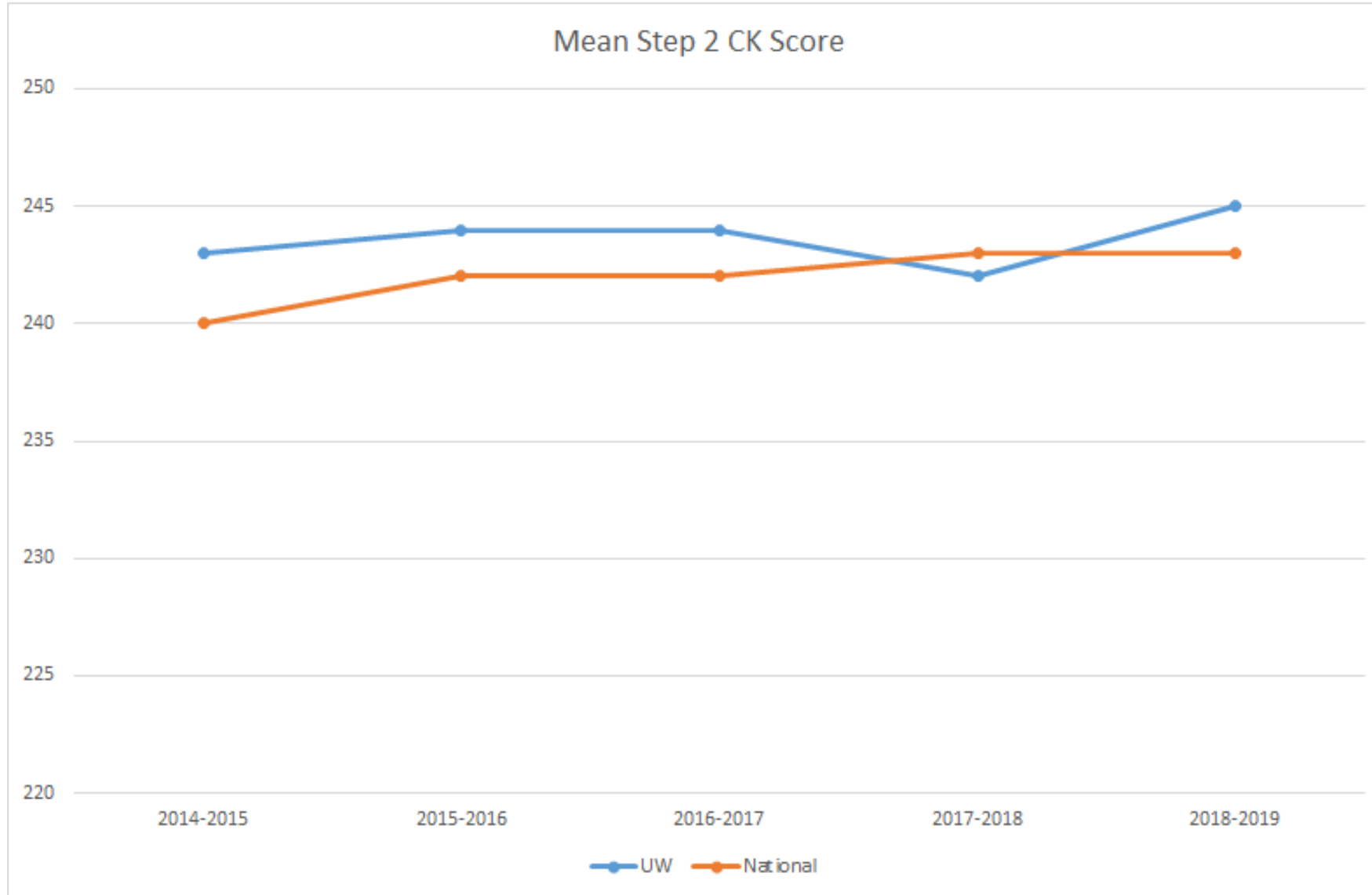
CONTENT
OUTLINE,
CONT.

SCORING

- The Step 2CK scores are reported in a 3-digit format with a **range between 1 and 300**.
- The passing score is **209**.
- The 2020 report by the National Resident Matching Program (NRMP) showed a mean (average) Step 2 CK score of 246.9 for students who matched to their first-choice specialty.



HOW UWSOM COMPARES WITH THE NATIONAL STEP 2 CK SCORE



REGISTRATION

- Register on [NBME website](#) ; \$645 fee
- If you have accepted all your aid, the money should be available to cover the Step 2 CK fee; [Financial Aid](#)
- No need to complete a new CID form; you will use the same testing ID to register
- Note: MSTP students may need to complete a new CID form as they typically last 5 years.
- Select an eligibility period (3 months) that includes June 2022
- 2-4 weeks to receive scheduling permit; test dates available through prometric 6 months in advance
- Deadline: **June 30, 2022***

NBME/DRS TESTING ACCOMMODATIONS

- Students who require test accommodations are encouraged to **begin their process with the NBME as soon as possible.**
- Student should also **begin their UWSOM process as soon as possible with Meghan Matthews,** Access Coordinator from Disability Resource Services (DRS) .
- DRS and NBME are two separate processes and have different requirements (NBME is more stringent)
- Supporting Documentation is required and NBME can take 60-90 days to respond
- No scheduling permit will be granted before NBME responds; cannot select a test date.
- For more information about NBME accommodations please visit: <https://www.usmle.org/test-accommodations/forms.html>

NBME DOCUMENTATION GUIDELINES

- <https://www.usmle.org/test-accommodations/guidelines.html>
 - Request for Test Accommodation Form
 - Personal Statement
 - Professional Evaluation
 - Relevant Records of Impaired Functioning
- Your documentation is a key factor in whether your request is approved/declined
- Documentation must be within last **3 years** to establish current impairment and need. For psychiatric disabilities, they want documentation from last **6 months**
- Work in advance with your provider to get documentation that meets their specific requirements

RESPONSIBILITIES

- **Student Responsibility:**
 - Learn and understand NBME requirements for accommodations
 - Consult with DRS for support and guidance
 - Submit required materials to NBME
- **DRS Responsibility:**
 - Meet with students to guide answer questions related to NBME accommodations
 - Complete Certification of Prior Testing Accommodations (CPTA) form
 - Provide letter of support for denials (if desired; 3-week lead time needed)

WHEN SHOULD I TAKE STEP 2 CK?

- Students must pass all Patient Care Phase clerkships, including any remediation, before taking Step 2-CK.
- Students must take Step 2-CK no later than June 30 of the year prior to expected graduation year.
- For students completing their Patient Care Phase off-cycle from the projected timeline, Step 2-CK must be taken within 12 weeks of completing the Patient Care Phase.
- If a passing score is not recorded by the deadline for National Residency Matching Program certification, a delay of graduation *may* be necessary.

STEP 2 CK TIMELINE

Autumn/Winter of Clinical Phase (3rd Year)

- Register for Step 2 CK
- Keep up with clinical rotations and shelf exams
- Meet with your learning specialist to talk about a study plan.

Dedicated Study Time (April – June)

- Start 8-12 hours of daily study (4-6 weeks dedicated period)
- Engage in content review; mock blocks and self-assessments.
- Check in regularly with your learning specialist.

CREATING A STUDY PLAN

- Students typically take 4-6 weeks to study for Step 2 CK; your timeline may be different depending on your individual needs
- You can work with your learning specialist to create an individualized weekly and monthly study plan based on your test date.
- Check in regularly with your learning specialist to discuss progress of your study plan and with your practice exams.
- Review your practice exam score reports with your learning specialist and adjust study plan as needed.
- Plan your practice exams days each week.
- Plan your day off each week.

SAMPLE STUDY PLAN



- 8am-12pm: Take Mockblocks and Review Answers
- 12pm-1pm: Lunch Break
- 1pm-5pm: Mixed or Subject Specific Content Review
- 5pm-6pm: Dinner Break
- 6pm-8pm: Review Supplemental Study Materials

STEP 2 CK RESOURCES

Rank	Title (all editions)	% of students used
1.	UWorld	77.8
2.	OnlineMedEd Clinical	32.6
3.	Anki	32.2
4.	First Aid for the USMLE Step 2 CK Clinical Knowledge	18.9
5.	Boards and Beyond Step 2-3 Clinical	15.9
6.	AMBOSS	15.2
7.	Master the Boards USMLE Step 2 CK	9.8
8.	SketchyIM	5.4
9.	SketchyPharm	5.2
10.	Step-Up to Medicine	5.2

Source: Cramfighter

BEST WAY TO STUDY FOR STEP 2 CK

- Adequate amount of content review
 - A pass of First Aid Review Book
- Adequate amount of practice questions
 - A pass of Question Bank (3,500+ questions)
- Attend Step 2 CK group sessions offered weekly during Dedicated Period



Group Tutoring

University of Washington School of Medicine
2021-2022

Group Sessions for Foundations:

- Offered 2 times per week
- Tuesdays & Thursdays: 5:30 PM AK/6:30 PM PT/7:30 PM MT
- 1 hour long
- 2 tutors facilitate each session
- Students encouraged to bring questions/topics to review

If a session is full, join the wait list by emailing somlearn@uw.edu

- September: MCB, MBB, Step 1
- October: MCB, MBB, Step 1
- November: I&D, MBB, Lifecycle, Step 1
- December: I&D, Lifecycle, Step 1
- January: CPR, Step 1
- February: CPR, Step 1
- March: CPR, E&H, Step 1, Step 2
- April: E&H, Step 2
- May: MSK, B&C, Step 1, Step 2
- June: B&C, Step 2

Get in touch with us if you have any questions or concerns.
Dr. Yvonne Tyler, Tutoring Program Manager
somlearn@uw.edu

SCAN ME



READINESS FOR TEST DAY

- Self-Assessments – NBME Forms (Step 2 CK Practice Tests)

Score >220

- UWorld Mock blocks (40 questions timed, all systems all subjects)

Average score: 60%-70%+

TEST DAY SNAPSHOT

- Total Questions: 318
- Questions per block: 40
- Number of blocks: 8
- Time given per block: 1 HOUR
- Total exam time: 9 HOURS
- Total break time: 45 min + 15 Orientation= 1 HOUR



WHAT CAN I DO NOW?

- Keep up with your clinical rotations and shelf exams, it is the most important priority right now!
- Start the registration process
- Gather any paperwork or documentation you might need
- Start planning and exploring your study resources
- Determine learning specialist; you will no longer work with your Foundations specialists in Wyoming, Spokane, Montana, Alaska or Idaho.
- Dr. Brice (Cascade, Wyoming, Montana, Alaska) & Dr. Tyler (Olympic, Spokane, Idaho)

QUESTIONS?

CONTACT INFO: EBRICE@UW.EDU & YVONNEYT@UW.EDU

SCHEDULING LINK: <HTTPS://UWSOM-STUDENTAFFAIRS.AS.ME/>

ACADEMIC SUPPORT: [WEBSITE](#)