

**DISCLAIMERS:** This list is not meant to be exhaustive and **only covers the eight required rotations at UW**. There are many other great resources that might not made it to this list. Additionally, resources for elective rotations have not been included. **If you have any resources that you think should make this list, find broken links in this list, would like a list geared towards electives, or have resources related to electives, please contact Anita at [amsamuel@uw.edu](mailto:amsamuel@uw.edu).**

## Bookmarks for UWSOM Clerkship Students

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\*\*\* indicates a necessary bookmark. \*\* indicates a recommended bookmark.

### Required Rotations

- [Family Medicine](#)
- [Internal Medicine](#)
- [OB/GYN](#)
- [Pediatrics](#)
- [Psychiatry](#) Uses Canvas for assignments
- [Surgery](#)
- [Neurology](#) (4<sup>th</sup> year)
- [Emergency Medicine](#) (4<sup>th</sup> year)

### Elective Rotations

- [Catalog for all other elective rotations](#)
- [Catalog for permission-only rotations](#)

### Must-Haves

- [AOA Projects and Resources](#)\*\*\* The UWSOM AOA chapter has released valuable documents and videos about Step, clerkships, and residency over the years. Of note is the [AOA Pearls of Wisdom](#), which summarizes everything in one document.
- [Crushing Clerkships](#)\*\*\* This handout is from How to Med School (H2MS), a UWSOM student-led group. It provides advice for every rotation, including tip for OCPs, notes, and specialty-specific resources. H2MS also has a [seminar on attaining success in clerkships](#) and [other helpful videos](#).
- [eValue](#)\*\*\* eValue tracks personal information, clerkship information, and evaluations. It's a must have for clerkships!
- [Student Performance Dashboard](#)\*\*\* The performance dashboard tracks your performance over blocks, evaluations, and time in clerkships.
- [UW Health Sciences Library](#)\*\*\* The HSL provides institutional access to clinical apps/resources, online textbooks, and much more.

## Other Great Links

- [Career Advising](#)\*\* The UWSOM Career Advising team has a great website with [advice on career and specialty choice](#), [guide to the residency process](#), and [a video library with interest group events and residency match panels](#), among other resources!
- [Service & Activity Tracker](#)\*\* This tracks service hours, leadership hours, and other activities. It's great for updating CVs and helps determine certain awards and AOA.
- [UWSOM Financial Aid Office](#)\*\* This link provides contact information and access to forms for the Financial Aid Office.
- [UW WISH Learning Modules](#)\*\* The UW WISH provides training videos for certain specialties and clerkships. Of note are the learning modules for OB/GYN, surgery, and ultrasound.
- [VSLO for Away Rotations](#)\*\* The Visiting Student Learning Opportunities (VSLO) program is used for students who want to participate in away rotations or electives.
- [WWAMI Clerkship Travel Information](#)\*\* This link provides information about travel during your clerkships.

## Clinical Apps

- [UpToDate & Mobile App](#)\*\*\* UpToDate is absolutely necessary and used constantly all day in every rotation. We have a membership through UW, accessible through the Health Sciences Library, though some clinical sites offer it too. It can be accessed through Epic, via the UpToDate button. It is best for accurate treatment guidelines for almost any condition and writing thorough IM notes and differentials.
- [MD Calc & Mobile App](#)\*\*\* This app has all of the medical formulas, algorithms, scores, and criteria for medical conditions you need. **It's especially helpful in IM!**
- [Epocrates](#)\*\* This app is helpful in figuring out recommended drugs, dosages, and drug-drug interactions. It also provides guidelines and tables. However, if you use UpToDate, it has all the information you need regarding drugs, so this app isn't an absolute necessity.
- [UW OCCAM App](#)\*\* This app is made for UW using their protocols and can be accessed with UW credentials. It's most helpful for surgery post-op milestones (Pathways Reference Kit) and choosing antibiotics in any setting (Antibiotics Reference Kit). There is also an EM section that I did not use much but could be helpful too.
- [VisualDx](#) This app provides a library of medical images, an atlas for dermatologic conditions in skin of color, and differential diagnosis builder. It is accessible through the Health Sciences Library.

## General, Shelf, & Step 2 Resources

- [Amboss Library & Mobile App](#)\*\*\* The mobile app is best and is underrated! Membership is \$10/month. The app is great for quick reference and has summaries of etiology, pathology, clinical presentation, diagnosis, and treatment. It is so much easier to navigate than UpToDate when you just have a minute before you must present the patient, since it gives quick answers! They have a Qbank too.
- [Reddit](#)\*\*\* The subreddit pages r/medschool, r/medschoolanki, and r/step2 have wikis/sidebars with lots of helpful advice on studying, doing well in clerkships, etc.
- [UWorld Step 2/Shelf Qbank](#)\*\*\* This is the primary resource for most shelf exams (did 15 questions/day usually) and is necessary for shelf exams & Step 2.
- [Divine Intervention](#)\*\* This resource is the best for studying for the IM shelf & Step 2. The creator also has [good review videos on YouTube](#).
- [DynaMed](#)\*\* This app is similar to UpToDate but has bullet points so you can get the information you need a bit quicker. Some people preferred this to UpToDate on the wards when time is limited. This can be accessed through the Health Sciences Library.
- [NBME Self-Assessments](#)\*\* These self-assessments are great for assessing your readiness for the EM, FM, IM, neuro, OB/GYN, psych, and surgery shelf exams.
- [OnlineMedEd \(OME\)](#) OME is great for succinct explanations for common conditions in IM and most other rotations. It is oversimplified but good if you want to start studying & get the gist of things. It's free to watch the videos, but you can pay if you want notes (overpriced in my opinion).

## FM & IM Resources

- [Adult Vaccine Schedules](#)\*\*\* This links you to the CDC's timelines and recommendations for adult immunizations. The vaccine schedules can also be accessed through this [app](#).
- [Aquifer](#)\*\*\* This website walks you through virtual patient cases across FM and IM and is prime test material. **(Also required for pediatrics!)**
- [CDC Contraception App](#)\*\*\* This app provides recommendations on contraceptive methods and their use. **(Also helpful for OB/GYN!)**
- [CDC STD App](#)\*\*\* This app is a great reference for sexually transmitted diseases and treatment options. **(Also helpful for OB/GYN!)**
- [Family Medicine Clerkship Tracker](#)\*\*\* This tracker follows your progress on requirements for the FM clerkship.
- [MKSAP](#)\*\*\* This resource provided by the ACP contains study questions and review material for the IM shelf exam.

- [Pocket Medicine](#)<sup>\*\*\*</sup> This app provides access to Pocket Medicine, a classic reference book which provides overviews on workup and management of several conditions, and Pocket Notebooks for specialty-based care. The app is free to download, but you will need to pay for add-ons like the Pocket Notebooks.
- [American College of Physicians \(ACP\) Guidelines](#)<sup>\*\*</sup> This is an alternative place to read about common clinical issues and is a good backup resource. If you prefer, you can start with this resource instead of UpToDate.
- [Clinical Problem Solvers](#)<sup>\*\*</sup> This app helps with creating differential diagnoses for common medical presentations, has some practice cases and illness scripts, and helps translate clinical experiences into knowledge for the shelf exams. It costs \$15.
- [DermNet NZ](#)<sup>\*\*</sup> This resource provides information on describing dermatological findings. A great accompanying article can also be found [here](#) **(Also helpful for pediatrics!)**
- [IDSA Practice Guidelines](#)<sup>\*\*</sup> This app provides guidelines on various infectious diseases and their treatment, as well as interactive tools to help in decision making. It's particularly helpful for inpatient encounters. **(Also helpful for surgery!)**
- [LactMed](#)<sup>\*\*</sup> This resource is useful in FM +/- OBGYN postpartum visits. It lists all the medications that are safe to use while breastfeeding so you can reassure worried moms.
- [Mental Status Tests](#)<sup>\*\*</sup> This resource provides tests and information about various mental status tests. It's especially helpful for geriatric care.
- [Stanford Templates](#)<sup>\*\*</sup> This resource provides lists of treatment options for common inpatient complaints.
- [US Preventive Services Task Force \(USPSTF\) Recommendations](#)<sup>\*\*</sup> The USPSTF provides evidence-based recs on disease prevention, chronic conditions, and several other diseases. The USPSTF also has an app that can be found [here](#).

## OB/GYN Resources

- [APGO Student Resources](#)<sup>\*\*\*</sup> This website provides several resources for success on clerkships and students considering OB/GYN as their specialty choice. Of note is APGO UWide, a Qbank crucial for the OB/GYN shelf exam.
- [Pregnancy Tracker App](#)<sup>\*\*\*</sup> This app helps you figure out due dates or how far along a patient is. There are many other similar apps out there; this is just one.
- [ASCCP Management Guidelines](#)<sup>\*\*</sup> This resource provides guidelines on pap smears and cervical cancer screenings and is highly recommended for clinic. There is also a paid version of this resource on the App Store, which can be found [here](#).
- [CREOGS Over Coffee](#)<sup>\*\*</sup> This is a great podcast on high yield material for the OB/GYN shelf exam, with just 10-20 minutes per episode.

## Pediatrics Resources

- [Bright Futures Guidelines](#)\*\*\* This resource provides general pediatric guidelines and anticipatory guidance for pediatric visits.
- [Child and Adolescent Vaccine Schedules](#)\*\*\* This links you to the CDC's timelines and recommendations for child and adolescent immunizations. The vaccine schedules can also be accessed through this [app](#).
- [Growth Charts](#)\*\*\* This links you to the CDC's pediatric growth charts.
- [Pediatrics Clerkship Tracker](#)\*\*\* This tracker follows your progress on requirements for the peds clerkship.
- [WWAMI Rotations on UWPeds.org](#)\*\*\* This website provides more detailed information on the peds clerkship, especially for those throughout the WWAMI region.
- [Screening Tests by State](#)\*\* This resource provides you with a list of each state's genetic screening tests for newborns.

## Psych Resources

- [Case Files Psychiatry](#)\*\*\* This resource provides 60 cases and associated question sets that walk through DSM-5 criteria and clinical decision-making. A must have!
- [DSM-5](#)\*\*\* This resource provides diagnostic criteria for a range of psychiatric conditions.
- [DSM-5 Handbook of Differential Diagnosis](#)\*\*\* This resource provides decision trees and tables to aid in differential psychiatric diagnoses.
- [First Aid for the Psych Clerkship](#)\*\*\* This resource is crucial to success on the psych clerkship with the mnemonics, diagrams, and conciseness we love from First Aid.
- [CBT-i Coach App](#)\*\* I've recommended this Cognitive Behavioral Therapy app to patients struggling with insomnia many times; it's almost become a first line go-to.

## Surgery Resources

- [Dr. Pestana's Surgery Notes](#)\*\*\* This book provides high-yield content review, vignettes, and problems to work through. Great for the shelf exam and a must have!
- [Surgical Recall](#)\*\*\* This book covers prime pimping content and provides a great crash-course through procedures. A must have!
- [Youtube](#)\*\*\* There are lots of free videos on suturing, surgery, etc. One must-watch video is [High Yield Surgery](#), a 2-hour crash course by Dr. Emma Holliday Ramahi.
- [Zollinger's Atlas of Surgical Operations](#)\*\*\* This atlas walks you through surgical procedures by organ system. It comes with a [video atlas](#) with more information and live surgery footage and is available through the Health Sciences Library.
- [Touch Surgery App](#)\*\* This app walks through the steps of most surgeries (some of the more complex surgeries aren't included), so that you have a basic idea of the procedure you're watching. You can go through their surgery simulations to highlight important anatomy along the way or for pimping. It also has a self-test feature.
- [Giblib](#) This is a good resource if you want to watch videos of surgeries beforehand. It's cool but expensive; I ultimately did not sign up due to the price.

## Neuro Resources

- [Case Files Neurology](#)\*\*\* This resource provides several cases and associated question sets that walk through clinical decision-making and is great for prepping for the shelf.
- [Advance Directive for Dementia](#)\*\* This link provides an advance directive template for patients with Alzheimer's disease or another form of dementia.
- [Clinical Neurology](#)\*\* This is a good text for reference.

## EM Resources

- [Case Files EM](#)\*\*\* This resource provides several cases and associated question sets that walk through clinical decision-making and is great for prepping for the shelf.
- [CDEM](#)\*\*\* This resource walks you through the approaches to several common complaints, starting from initial presentation to treatment. A true gem!
- [UW EM Clerkship Ultrasound](#)\*\*\* This PDF contains links for UW's ultrasound curriculum.
- [QuickEM app](#)\*\* This app is a great bedside reference and covers many complaints, differentials, tests, and treatments. There's a premium version for \$2.99.
- [WikEM](#)\*\* This website is effectively an EM-specific Wikipedia with concise articles and reference material. WikEM also has an app [here](#).