# Test-Taking Strategy

## Multiple Choice Exams

Practice early and often with q-banks  
Remember to use spaced repetition & retrieval practice  
Read the last sentence first  
Ask for help with test stress or anxiety

### Timing

1. Spend **one minute per question**. Hard ones aren't worth more points than those that are easy so go with your best guess and MOVE ON to the next question.

2. Start with **mock blocks as early as possible**. Train yourself to answer questions quickly and for long periods of time.

### Case Questions

1. Read the **last sentence first** so you know what the question is asking.

2. Read and acknowledge **clues from the vignette**.

3. **Formulate your own hypothetical answer** before looking at the selections.

4. **Compare your answer** to the potential choices.

5. **Choose the closest to your guess response**. If they don't match, look for the answer that is most compatible with your clues.

6. **Eliminate answers** that are definite nos. Your likelihood of a correct guess increases with fewer options.

### Content

1. Identify and then practice **spaced repetition** on areas that need work. Study today, two days from now, three hours from then, etc. Space it out so your brain can cement the info.

2. Use **retrieval practice** (q-banks and flashcards) to strengthen memory of high-yield topics. Quiz yourself often.

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*University of Washington School of Medicine*