

TEST-TAKING STRATEGY

MULTIPLE CHOICE EXAMS

Practice early and often with q-banks

Remember to use spaced repetition & retrieval practice

Read the last sentence first

Ask for help with test stress or anxiety

TIMING

1. Spend **one minute per question**. Hard ones aren't worth more points than those that are easy so go with your best guess and MOVE ON to the next question
2. Start with **mock blocks** as **early** as possible. Train yourself to answer questions quickly and for long periods of time

CONTENT

1. Identify and then practice **spaced repetition** on areas that need work. Study today, two days from now, three hours from then, etc. Space it out so your brain can cement the info
2. Use **retrieval practice** (q-banks and flashcards) to strengthen memory of high-yield topics. Quiz yourself often

CASE QUESTIONS

1. Read the **last sentence first** so you know what the question is asking
2. Read and acknowledge **clues from the vignette**
3. **Formulate your own hypothetical answer** before looking at the selections
4. **Compare your answer** to the potential choices
5. **Choose the closest to your guess response**. If they don't match, look for the answer that is most compatible with your clues
6. **Eliminate answers** that are definite nos. Your likelihood of a correct guess increases with fewer options