**✎My Step 2 CK study schedule**

**Goals:**

Complete at least 1 pass of UWORLD qbank (aim for 3-4 mockblocks per day)

Passing score: >209, do not take test until NBME >220

**Resources:** Uworld, OnlineMedEd, Anki

**Helpful links:**

Step 2 CK content breakdown <https://www.usmle.org/step-2-ck/#contentoutlines>

USMLE content updates: More social sciences, legal/ethical questions and more patient diagnosis & management questions have been added to Step 2 CK. Check out these suggested content review resources on these topics below:

* + Patient diagnosis and management OME videos: <https://onlinemeded.org/spa/common-medical-problems>
	+ Social Sciences: Legal & Ethical book recommendation <https://www.abebooks.com/book-search/title/medical-ethics-boards-third-edition/author/conrad-fischer/>
	+ Social Sciences: Legal & Ethical book recommendation <https://casefiles.mhmedical.com/CaseTOC.aspx?gbosContainerID=78&categoryID=40971>

**Daily Plan:**

**8- 12 PM:** Mockblocks and review (a mockblock is 40 questions timed, random, all subjects)

**12-1 PM:** break

**1-3pm:** Subject specific question blocks (40-80 questions, timed or tutor mode)

**3-6 PM:** More content review based on subject of the day: First aid/ Online Meded/ Flashcards/ or more qbank questions

**Evening:** Review videos and/or flashcards as needed

**Study Plan Template:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Day 1**EM +Neuro** | Day 2**UWorld#1**PM Review | Day 3**Cardiovascular** | Day 4**Pulmonary** | Day 5**Renal/GU** | Day 6**Surgery** | Day 7OFF  |
| Day 8**NBME # 7;** PM Review  | Day 9**Derm + MSK/ Rheum** | Day 10**Endocrine** | Day 11**GI** | Day 12**Neuro + Psych**  | Day 13**NBME # 6 + 4 mock blocks**  | Day 14OFF  |
| Day 15**Epi + Biostats**  | Day 16**Ob/Gyn** | Day 17**Pediatrics** | Day 18**NBME # 8;** PM Review  | Day 19**Heme/Onc**  | Day 20**Infectious disease** | Day 21OFF  |
| Day 22**UWORLD #2****+ 4 mock blocks**   | Day 23**Social Sciences, Legal and Ethics** | Day 24**Ambulatory medicine** ( Uworld shelf mode) | Day 25 Free 120<https://orientation.nbme.org/Launch/USMLE/> | Day 26 Rapid Review First Aid Step 2 CK  | Day 27 OFF [self care] | Day 28  **TEST DAY!** |

| [◄ February](#February_2021) | **March 2021** | [April ►](#April_2021" \o "Jump to April) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8 Int'l. Women's Day | 9  | 10  | 11  | 12  | 13  |
| 14 Daylight Saving Begins | 15  | 16  | 17 Saint Patrick's Day | 18  | 19  | 20 Start of Spring (Spring Equinox) |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| 28  | 29  | 30  | 31  |  |

| [◄ March](#March_2021) | **April 2021** | [May ►](#May_2021" \o "Jump to May) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  | 1 Holy Thursday | 2 Good Friday | 3  |
| 4 Easter | 5  | 6  | 7  | 8  | 9  | 10  |
| 11  | 12  | 13  | 14  | 15 Tax Day (Taxes Due) | 16  | 17  |
| 18  | 19  | 20  | 21 Administrative Professionals | 22 Earth Day | 23  | 24  |
| 25  | 26  | 27  | 28  | 29  | 30 Arbor Day |  |

| [◄ April](#April_2021) | **May 2021** | [June ►](#June_2021" \o "Jump to June) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  |  |  | 1  |
| 2  | 3  | 4  | 5 Cinco De Mayo | 6  | 7  | 8  |
| 9 Mother's Day | 10  | 11  | 12  | 13  | 14  | 15 Armed Forces Day |
| 16  | 17  | 18  | 19  | 20  | 21  | 22  |
| 23  | 24  | 25  | 26  | 27  | 28  | 29  |
| 30  | 31 Memorial Day |  |

| [◄ May](#May_2021) | **June 2021** | [July ►](#July_2021" \o "Jump to July) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| 13  | 14 Flag Day | 15  | 16  | 17  | 18  | 19  |
| 20 Start of Summer (Summer Solstice) | 21  | 22  | 23  | 24  | 25  | 26  |
| 27  | 28  | 29  | 30 Step 2 CK deadline (unless you have an expanded schedule) |  |

| [◄ June](#June_2021) | **July 2021** | [August ►](#August_2021" \o "Jump to August) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  | 1  | 2  | 3  |
| 4 Indep. Day | 5  | 6  | 7  | 8  | 9  | 10  |
| 11  | 12  | 13  | 14  | 15  | 16  | 17  |
| 18  | 19  | 20  | 21  | 22  | 23  | 24  |
| 25  | 26  | 27  | 28  | 29  | 30  | 31  |

| [◄ July](#July_2021) | **August 2021** | [September ►](#September_2021" \o "Jump to September) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10  | 11  | 12  | 13  | 14  |
| 15  | 16  | 17  | 18  | 19  | 20  | 21  |
| 22  | 23  | 24  | 25  | 26  | 27  | 28  |
| 29  | 30  | 31  |  |

| [◄ August](#August_2021) | **September 2021** | [October ►](#October_2021" \o "Jump to October) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  | 1  | 2  | 3  | 4  |
| 5  | 6 Labor Day | 7  | 8  | 9  | 10  | 11 Patriot Day |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| 19  | 20  | 21  | 22 Start of Fall (Autumnal Equinox) | 23  | 24  | 25  |
| 26  | 27  | 28  | 29  | 30  |  |

| [◄ September](#September_2021) | **October 2021** | [November ►](#November_2021" \o "Jump to November) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  |  | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10  | 11 Columbus Day | 12  | 13  | 14  | 15  | 16  |
| 17  | 18  | 19  | 20  | 21  | 22  | 23  |
| 24  | 25  | 26  | 27  | 28  | 29  | 30  |
| 31 Halloween |  |

More Free Calendars Templates: [2021 Calendar](https://www.wincalendar.com/2021-Calendar-with-US-Holidays), [Printable Calendar](https://www.wincalendar.com/2021-Holiday-Calendar), [Holiday Calendar](https://www.wincalendar.com/Holiday-Calendar-with-Today)