**✎My Step 2 CK study schedule**

**Goals:**

Complete at least 1 pass of UWORLD qbank (aim for 3-4 mockblocks per day)

Passing score: >209, do not take test until NBME >220

**Resources:** Uworld, OnlineMedEd, Anki

**Helpful links:**

Step 2 CK content breakdown <https://www.usmle.org/step-2-ck/#contentoutlines>

USMLE content updates: More social sciences, legal/ethical questions and more patient diagnosis & management questions have been added to Step 2 CK. Check out these suggested content review resources on these topics below:

* + Patient diagnosis and management OME videos: <https://onlinemeded.org/spa/common-medical-problems>
  + Social Sciences: Legal & Ethical book recommendation <https://www.abebooks.com/book-search/title/medical-ethics-boards-third-edition/author/conrad-fischer/>
  + Social Sciences: Legal & Ethical book recommendation <https://casefiles.mhmedical.com/CaseTOC.aspx?gbosContainerID=78&categoryID=40971>

**Daily Plan:**

**8- 12 PM:** Mockblocks and review (a mockblock is 40 questions timed, random, all subjects)

**12-1 PM:** break

**1-3pm:** Subject specific question blocks (40-80 questions, timed or tutor mode)

**3-6 PM:** More content review based on subject of the day: First aid/ Online Meded/ Flashcards/ or more qbank questions

**Evening:** Review videos and/or flashcards as needed

**Study Plan Template:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Day 1  **EM +Neuro** | Day 2  **UWorld#1**  PM Review | Day 3  **Cardiovascular** | Day 4  **Pulmonary** | Day 5  **Renal/GU** | Day 6  **Surgery** | Day 7  OFF |
| Day 8  **NBME # 7;** PM Review | Day 9  **Derm + MSK/ Rheum** | Day 10  **Endocrine** | Day 11  **GI** | Day 12  **Neuro + Psych** | Day 13  **NBME # 6 + 4 mock blocks** | Day 14  OFF |
| Day 15  **Epi + Biostats** | Day 16  **Ob/Gyn** | Day 17  **Pediatrics** | Day 18  **NBME # 8;**  PM Review | Day 19  **Heme/Onc** | Day 20  **Infectious disease** | Day 21  OFF |
| Day 22  **UWORLD #2**  **+ 4 mock blocks** | Day 23  **Social Sciences, Legal and Ethics** | Day 24  **Ambulatory medicine** ( Uworld shelf mode) | Day 25    Free 120  <https://orientation.nbme.org/Launch/USMLE/> | Day 26    Rapid Review First Aid Step 2 CK | Day 27    OFF [self care] | Day 28    **TEST DAY!** |

| [◄ February](#February_2021) | **March 2021** | | | | | [April ►](#April_2021" \o "Jump to April) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 Int'l. Women's Day | 9 | 10 | 11 | 12 | 13 |
| 14 Daylight Saving Begins | 15 | 16 | 17 Saint Patrick's Day | 18 | 19 | 20 Start of Spring (Spring Equinox) |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 |  | | |

| [◄ March](#March_2021) | **April 2021** | | | | | [May ►](#May_2021" \o "Jump to May) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  | 1 Holy Thursday | 2 Good Friday | 3 |
| 4 Easter | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 Tax Day (Taxes Due) | 16 | 17 |
| 18 | 19 | 20 | 21 Administrative Professionals | 22 Earth Day | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 Arbor Day |  |

| [◄ April](#April_2021) | **May 2021** | | | | | [June ►](#June_2021" \o "Jump to June) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  |  |  | 1 |
| 2 | 3 | 4 | 5 Cinco De Mayo | 6 | 7 | 8 |
| 9 Mother's Day | 10 | 11 | 12 | 13 | 14 | 15 Armed Forces Day |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 Memorial Day |  | | | | |

| [◄ May](#May_2021) | **June 2021** | | | | | [July ►](#July_2021" \o "Jump to July) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 Flag Day | 15 | 16 | 17 | 18 | 19 |
| 20 Start of Summer (Summer Solstice) | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30  Step 2 CK deadline (unless you have an expanded schedule) |  | | |

| [◄ June](#June_2021) | **July 2021** | | | | | [August ►](#August_2021" \o "Jump to August) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  | 1 | 2 | 3 |
| 4 Indep. Day | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

| [◄ July](#July_2021) | **August 2021** | | | | | [September ►](#September_2021" \o "Jump to September) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 |  | | | |

| [◄ August](#August_2021) | **September 2021** | | | | | [October ►](#October_2021" \o "Jump to October) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  | 1 | 2 | 3 | 4 |
| 5 | 6 Labor Day | 7 | 8 | 9 | 10 | 11 Patriot Day |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 Start of Fall (Autumnal Equinox) | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 |  | |

| [◄ September](#September_2021) | **October 2021** | | | | | [November ►](#November_2021" \o "Jump to November) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  |  | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 Columbus Day | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 Halloween |  | | | | | |

More Free Calendars Templates: [2021 Calendar](https://www.wincalendar.com/2021-Calendar-with-US-Holidays), [Printable Calendar](https://www.wincalendar.com/2021-Holiday-Calendar), [Holiday Calendar](https://www.wincalendar.com/Holiday-Calendar-with-Today)