Students,

Given yesterday's announcement that the Seattle Public Schools will be closing for two weeks, and knowing that many of you have children for whom childcare may be an issue, I wanted to share some community resources that are available to help. As with any childcare arrangements, I encourage you to use due diligence to ensure that a childcare provider is trustworthy and will offer a safe place for your precious children.

- Boys & Girls Club of King County https://positiveplace.org Due to the Seattle Public School closure, the Boys & Girls Club has announced they are offering a low \$50 membership fee and will charge \$25/day for childcare services.
- 2. Nanny Parent Connection https://nannyparentconnection.com This group connects families seeking childcare with nannies who are available, some of whom can provide last minute care for a slightly higher rate. Sign-up services are \$24.99 for one month, \$14.99 for monthly services or an annual fee of \$8.99/month. Please visit the site to evaluate the different programs offered.
- 3. <u>Care.com</u> This resource will connect you to individuals offering childcare services.
- 4. <u>Annie's Nannies</u> https://aniseattle.com This resource is for students with more resources and can be a bit pricey, but I wanted to list it for your perusal as well.

For those who have very limited financial resources, know that the Medical Student Parent Association (MSPA) is working to create a childcare option involving medical student parents sharing childcare. I expect you will hear further from this group in the next day or so.

If I can offer you any other assistance, please don't hesitate to reach out. The counselors remain available and ready to support you in whatever way we can. Take care.

Joanne

Joanne Estacio-Deckard, LICSW Director, Medical Student Counseling & Wellness Services University of Washington School of Medicine

Phone: (206) 616-3024 Email: joanneed@uw.edu