UW Medicine
Early Identification, and assessment of patients with respiratory infections, including COVID-19
Guidelines for the PREGNANT patient
Incoming Phone Calls

Screen for Active Pregnancy Symptoms/Concerns

POSITIVE for pregnancy concern

Candidate for Outpatient evaluation from PREGNANCY perspective?

Yes

Influenza Like Illness (ILI) and/or COVID19 Screen:
Are you having ANY of the following?
• Fever
• New cough
• New shortness of breath

Location of evaluation to be determined by clinical considerations and site OB triage personnel and guidelines
screen for ILI/COVID19 on presentation per most recent UW Guidelines

No

NEGATIVE for pregnancy concern

Influenza Like Illness (ILI) and/or COVID19 Screen:
Are you having ANY of the following?
• Fever
• New cough
• New shortness of breath

Location of evaluation to be determined by clinical considerations (discussion between outpatient and inpatient Ob units based on resources)

Evaluation in Outpatient setting

MILD SYMPTOMS & Risk Factors for COVID-19 POSITIVE
Direct patient for outpatient evaluation and COVID-19 Testing
Ambulatory location for testing*

MILD SYMPTOMS & Inc Risk COVID-19 Screen NEGATIVE
Consider Empiric Treatment for Influenza with Tamiflu & Recommendation to Stay Home
Seek outpatient evaluation as needed (Antenatal Clinic / Primary Care / Urgent Care)

MILD SYMPTOMS & Inc Risk COVID-19 Screen NEGATIVE
Consider Empiric Treatment for Influenza with Tamiflu & Recommendation to Stay Home
Seek outpatient evaluation as needed (Antenatal Clinic / Primary Care / Urgent Care)

If Yes, Assess Severity

SEVERE SYMPTOMS L&D vs Emergency Department
Location of evaluation to be determined by clinical considerations and site OB triage personnel and guidelines
screen for ILI/COVID19 on presentation per most recent UW Guidelines

No

Keep Routine scheduled UW Med appointment and/or Stay Home

*IDEAL: Ambulatory setting include: patient testing site (separate from non-pregnant PUI population) and/or Home testing
UW Medicine
Guidelines for Inpatient Labor and Delivery for the COVID-19 Positive patient

COVID-19 Positive (CONFIRMED) and Admission for Delivery

*Initiate OB Sepsis Protocol if Indicated*

- **Intended Vaginal Delivery**
  - Precautions: Droplet and Contact
  - Delivery on L&D
  - **If HIGH Risk Maternal/Fetal Co-morbidities:** Attempt to deliver in Negative Pressure Room (if available), otherwise deliver in L&D Room

- **Intended Scheduled Cesarean Delivery with no Acute Maternal or Fetal Concern**
  - Postpone if possible

- **Acute Cesarean Delivery**
  - Precautions: Droplet and Contact
  - Delivery location based on unit considerations in coordination with Infection Prevention and EVS
UW Medicine
Guidelines for Inpatient Labor and Delivery for Suspected (but not confirmed) COVID-19 patient

COVID-19 SUSPECTED (but not confirmed) and Admission for Delivery

*Initiate OB Sepsis Protocol if Indicated*

- Intended Vaginal Delivery
  - Precautions: Droplet and Contact
  - Delivery on L&D

- Intended Scheduled Cesarean Delivery with no Acute Maternal or Fetal Concern
  - Postpone if possible

- Acute Cesarean Delivery
  - Precautions: Droplet and Contact
  - Delivery location based on unit considerations in coordination with Infection Prevention and EVS
UW Medicine
Early Identification, and assessment of patients with respiratory infections, including COVID-19
Guidelines for the PREGNANT patient SEEKING IN PERSON Evaluation

Influenza Like Illness (ILI)
and/or COVID19 Screen:
With ANY of the following?
- Fever
- New cough
- New shortness of breath

POSITIVE SCREEN and PREGNANT (any gestational age)

Screen for Active Pregnancy Symptoms/Concerns

Refer to:
UW Medicine
Early Identification, and assessment of patients with respiratory infections, including COVID-19
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FOR GUIDANCE RE: LOCATION OF EVALUATION

Moderate/Severe Illness
(Screen Positive OB Sepsis)

Precautions: Droplet and Contact

1. Initiate OB Sepsis Protocol
2. Concurrent Influenza/RSV & COVID-19 Testing
3. Supportive Inpatient Care as Indicated

Positive Influenza/RSV

1. Start Tamiflu (Influenza)
2. Discharge to home (when meeting goals) with strict return precautions
3. Provide Patient Education for Home Isolation Guidance

Mild Illness / Normal Vitals

Precautions: Droplet and Contact

Influenza/RSV testing

Negative Influenza/RSV

Assess for High Risk Factors for COVID-19 (per UW Guideline)
(any of following in last 14 days before symptom onset)
1. Travel to Affected Area
2. Close Contact with Confirmed Case
3. Spent time at LCC in Kirkland

Screen POSITIVE: Perform COVID-19 testing

Screen NEGATIVE: No COVID-19 testing

1. Discharge to home (when meeting goals) with strict return precautions
2. Provide Patient Education for Home Isolation Guidance

Influenza/RSV testing Positive Influenza/RSV

Precautions: Droplet and Contact

1. Initiate OB Sepsis Protocol
2. Concurrent Influenza/RSV & COVID-19 Testing
3. Supportive Inpatient Care as Indicated

Follow-up phone call from OB Triage RN within 24 hours to review results and assess patient symptoms

If POSITIVE COVID-19 and remains an appropriate candidate for home management pt will receive DAILY call from OB Triage RN for 7 days

Follow-up phone call from OB Triage RN within 24 hours to review results and assess patient symptoms

Influenza Like Illness (ILI)
and/or COVID19 Screen:
With ANY of the following?
Visitor Restrictions for ALL UW Medicine Perinatal/Newborn Units

- All visitors (anyone other than patient) will be screened per UW Medicine policy
- Permit one partner and one birth support personnel (healthy, screen negative)
- No “in and out”
- No children < 16 years of age
  - Anticipated exception would be clergy members in select situations