### AUGUST/SEPTEMBER 2018

# **WWAMI Faculty Newsletter**

News and information from the University of Washington School of Medicin

### A Message from Dr. Suzanne Allen



Welcome to a new school year!

E18 students, the new class of Foundations Phase students, are wrapping up their orientation and immersion activities throughout the region; returning E17 Foundations students are finishing their summer RUOPs (<u>Rural/Underserved Opportunities</u> <u>Program</u>) and the Clinical Research Methods course and preparing for their final two blocks; and E16 Patient Care Phase and E15 Explore and Focus Phase students continue their learning through clinical clerkships. The UW School of Medicine is ready for another school year to begin!

With the start of the 2018-19 academic year we

have a number of significant faculty leadership changes to report and one new position to announce:

- As we announced in earlier issues of the WWAMI Faculty Newsletter,
- Dr. Carol Teitz, associate dean for Admissions for the past 10 years, and Dr. Erika Goldstein, associate dean for The Colleges and the founding director of the Colleges, both recently retired.
- **Dr. LeeAnna Muzquiz**, hired in August 2017 to assume the role of associate dean for Admissions upon Dr. Teitz's retirement, has moved into that position.
- **Dr. Mark Whipple**, assistant dean for Curriculum will oversee the Colleges program while a more permanent reporting structure for the Colleges is determined.
- **Dr. Anne Eacker**, associate dean for Student Affairs, has moved on to a leadership position at a new medical school with Kaiser Permanente in California.
- **Dr. Raye Maestes**, assistant dean for Student Affairs has assumed the role of Interim associate dean for Student Affairs.
- **Dr. Ki Shin** will step down from his role as assistant clinical dean for Western Washington, and the search process for his replacement has begun.
- Additionally, a search committee, led by Dr. Sara Kim, associate dean for Educational Quality Improvement, will soon begin a search for candidates to fill a newly established position of assistant dean for Basic Science.

We will miss our colleagues and friends and wish them all the best as they move on to new chapters in their lives. We look forward to supporting those colleagues who embrace new roles, and welcome new leaders joining us to bring their special skills and talents to benefit our medical students.

Two additional things to note: we are still anticipating the final Liaison Committee on Medical Education (LCME) accreditation report in October 2018 after our year-long self-study and site visit in March 2018; also, please don't miss the FAQ below in the Announcements section on the Medicare rules on documentation for students.

Thank you to every faculty member working with our medical students—you are the heart and soul of our programs and we appreciate your commitment and contributions immensely!

Suzanne Allen, M.D., M.P.H. Vice Dean for Academic, Rural & Regional Affairs University of Washington School of Medicine

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### ANNOUNCEMENTS

## FAQ: Medical Student Documentation for Evaluation and Management Services

The Centers for Medicare & Medicaid Services (CMS) released a new rule allowing teaching physicians to use medical student documentation of evaluation and management services as a documentation burden reduction benefit only. Every teaching physician should consult with their own clinic and/or hospital to determine their policy on medical student documentation. The teaching physician must still perform the service as CMS does not pay for work performed by students. The new rule applies to teaching physicians (TP) - although residents can provide a limited supervisory role. If your clinic and/or hospital does not have a policy on medical student documentation, please contact Suzanne Allen (suzaalle@uw.edu) for further information.

A Frequently Asked Questions document on this new rule is <u>available here</u>. It is provided for your information only.

LeeAnna Muzquiz, M.D., New Associate Dean for Admissions, Featured in UW Medicine's The Huddle

Dr. LeeAnna Muzquiz's childhood was a time of adventure and exploration. She was either roaming the woodland areas of Montana's Flathead Reservation where she grew up or reading her way through the elementary school's library. She dreamt of being a teacher or perhaps a rock star.

The sky was the limit, but being a doctor was beyond even imagination.

"As a kid, I had no real exposure or idea



of what the path was towards becoming a doctor. So pursuing medicine wasn't something I considered," Muzquiz said. "However, what I did have over the years were many people encouraging me to think about it as a career option."

In July 2018, Muzquiz assumed the role of associate dean for Admissions for UW School of Medicine (UWSOM) following the retirement of her friend and predecessor, Dr. Carol Teitz.

A 2000 graduate of UWSOM, Muzquiz's personal experiences navigating the educational system bring unique perspectives to the admissions office.

"Dr. Muzquiz's long history with UWSOM will be a significant benefit," said Dr. Suzanne Allen, vice dean for Academic, Rural and Regional Affairs. "She understands the many benefits of the medical education provided by UWSOM, and those experiences will help her as she is working with potential future students."

Read more about Dr. Muzquiz on The Huddle.

### Idaho WWAMI Champion C. Scott Smith, M.D., Retires

In June 2018 a true champion for medical education in Idaho and beyond, Dr. C. Scott Smith, M.D., MACP, professor of Medicine and adjunct professor of Biomedical Informatics and Medical Education for the University of Washington, has retired from a long and dedicated career serving UW medical students and residents through the Idaho WWAMI program, and caring for patients at the Boise VA Medical Center.

#### The University of Washington School of Medicine and Idaho WWAMI extend our thanks and deepest gratitude to Dr. C. Scott Smith for his devotion to excellence in undergraduate and graduate medical education.



Dr. Smith, originally from Coeur d'Alene, Idaho, was integral in leading the UW School of Medicine's Internal Medicine Track in Boise, now a three-year internal medicine residency program based at the Boise VA Medical Center. He has received over \$6M in peer reviewed research and program funding, and has written over 50 papers and book chapters. A sought-after speaker, Dr. Smith has given more than 35 national and international presentations on clinic improvement and medical education. Most recently he authored a book addressing increasing demand for high-quality healthcare and interprofessional education.

Read more about Dr. Smith here.

### Welcome Dr. Caitlin Allen and Dr. Kristi Rice to the Spokane Faculty Team

Caitlin Allen, M.D. is a practicing internist at Providence Internal Medicine and a 2013

UW School of Medicine graduate with honors. She did her internal medicine residency at the University of Wisconsin Hospital and Clinic.

Dr. Allen will be a faculty member in the UWSOM College system.

**Kristi Rice, M.D.**, is a pediatrician, Spokane native, and a UW clinical assistant professor of pediatrics, working with third-year WWAMI students, and as a faculty guide. She is an employed physician with Providence Medical Group.

Dr. Rice has served as a trustee with the Washington Chapter of the American Academy of Physicians (WCAAP) and has assisted WCAAP with two grants to improve HPV vaccination rates, and has worked with the Spokane County HPV round-table to the same end. Dr. Rice recently completed a six-year term on the Washington State Vaccine Advisory Committee, working to increase vaccine rates across all ages, improve vaccine education, and streamline the exemption form, while hoping to decrease school-age vaccine exemptions.



Caitlin Allen, M.D.



Kristi Rice, M.D.

# Department of Family Medicine and Office of Rural Programs Welcome Kim Kardonsky, M.D.

In July, **Dr. Kim Kardonsky** joined the Department of Family Medicine's Medical Student Education Section and the UW School of Medicine Office of Rural Programs. Her clinical work will begin at Harborview Family Medical Center in September.

Dr. Kardonsky graduated from the Medical College of Wisconsin in Milwaukee, and completed her residency at Swedish Family Medicine at Cherry Hill, with her continuity clinic at the Seattle Indian Health Board. After completing residency, she worked full time at the Indian Health Board of Minneapolis clinic. Concurrently, she worked at Planned Parenthood and also assisted in a family medicine residency call group for obstetrics. She moved back to Seattle when her husband completed his residency training, and worked at the Tulalip Health Clinic.



Dr. Kardonsky's special interests include Native American health, women's health, and teaching--she feels teaching is an integral part of being an effective family physician. Prior to medical school, she was a middle school science teacher, and her students inspired her to continue teaching, mentoring and supporting people to reach their goals.

Additionally, Dr. Kardonsky is director of the Underserved Pathway, a program which helps prepare future physicians to care for vulnerable and underserved populations. The Pathway engages students in three educational avenues: mentoring, developing a foundation of knowledge, and a variety of real-world experiences. Over 300 students, across all four UW medical school classes, annually enroll in the Underserved Pathway. Dr. Kardonsky will also serve as the director of the Targeted Rural Underserved Scholars Track (TRUST) that is housed within Rural Programs. TRUST is a four-year integrated pathway for entering medical students interested in careers working in underserved rural communities and small cities in the WWAMI region. TRUST was established in 2008, and has grown exponentially in the past 10 years, accepting 34 new students with the entering class of 2018.

Read more about Dr. Kardonsky in the CEDI section's Diversity Spotlight.

# Jennifer Plymale, M.D., New Site Director for Pediatric Cardiology Elective Clerkship in Spokane



**Dr. Jennifer Plymale** is the new site director for the Pediatric Cardiology elective clerkship at the Northwest Center for Congenital Heart Disease in Providence Sacred Heart Medical Center. She replaces previous site director, Dr. Chris Anderson.

Dr. Plymale graduated with honors from the UW School of Medicine in 2004 and went on to complete her internship and residency in Pediatrics at the University of California Davis, and a fellowship in Pediatric Cardiology at the Medical College of Wisconsin/Children's Hospital of Wisconsin.

#### Congratulations to Zachery Gallaher, Ph.D., and Paula Silha, M.D.

for completing the 2018 UW School of Medicine Teaching Scholars Program, preparing them both for academic leadership within UWSOM. Dr. Gallaher and Dr. Silha teach medical students in Spokane.



### UW School of Medicine to Continue its Membership in the AMA's Accelerating Change in Medical Education Consortium



The UW School of Medicine has been accepted to continue its membership in the American Medical Association Accelerating Change in Medical Education Consortium.

In 2013, the AMA launched its Accelerating Change in Medical Education initiative to bridge the gaps that exist between how medical students are trained and how health care is delivered. As part of this effort, the AMA provided \$11 million in grants to 11 of the nation's leading medical schools to form a dynamic consortium allowing the schools to share best practices and ideas for developing innovative curricula that can ultimately be implemented in medical schools across the country. In 2015 20 additional medical schools, including UWSOM, joined the consortium to build upon the projects that were created by the 11 original schools to support training for an estimated 18,000 medical students who will one day care for 31 million patients each year.

### Fogarty Global Health Fellows & Scholars Program Now Accepting Applications

The Fogarty Global Health Fellows program is now accepting applications from individuals interested in conducting 12 months of research at our affiliated sites in low and middle-income countries including Thailand, India, Uganda, Kenya, Cameroon, Ghana and Peru. Trainees receive a competitive stipend, research funds, travel, and health insurance and are supported by a team of mentors. Research opportunities are available in a variety of disciplines including cardiology, infectious



disease, non-communicable diseases, trauma/surgery/emergency medicine, and environmental health.

#### Applications are due November 15, 2018.

Eligibility: US citizens and permanent residents or citizens of our collaborating countries who are currently enrolled in an advance degree program (PhD, MD, etc.) or who have completed an advanced degree program or medical fellowship in the past three years. (Note: MPH students are not eligible unless enrolled in an MD or PhD program).

Please visit <u>fogartyfellows.org</u> or email the program manager at <u>ghfprgm@uw.edu</u> for more information.

### Homelessness to Housing: Grad Students in Occupational Therapy Help Address Needs of the Homeless

Housing retention continues to be a significant challenge despite the many resources that are dedicated to establishing housing for individuals who are homeless. So a group of four students getting their Masters degrees in Occupational Therapy (MOT) created a capstone project to identify challenges of maintaining housing and to develop occupation-based supports to address areas of need. The students collaborated with REACH, a program aimed at improving the quality of life of those experiencing homelessness in Seattle.

Fifteen REACH clients who experienced homelessness were interviewed by MOT students, Grace Chuang, Yoko Criner, Kyle Matsumoto and Teresa Sorlie. They identified challenges faced by the clients including social isolation, lack of problem-solving skills and instrumental activities of daily living (IADL) skills, the impact of chronic mental illness, and behaviors related to substance abuse. Based on the identified challenges and supports identified in literature, he group implemented six life skills: microwave cooking, community involvement, being a good neighbor, money management, home care, and goal setting.

In total, 10 clients participated in at least one class, and one client participated in all six. The average rating of the groups by clients was 4.9/5 in perceived benefit.

# CENTER FOR HEALTH EQUITY, DIVERSITY & INCLUSION (CEDI)

### **Diversity Spotlight**

#### Bessie Young, M.D., M.P.H.

Dr. Bessie Young was recently appointed vice chair for Diversity and Inclusion for the UW Department of Medicine. Dr. Young also serves as chief of Nephrology for the VA Puget Sound Health Care System. Dr. Young is the first African American woman to be promoted to professor in the history of the UW School of Medicine. Dr. Young was born and raised in Tacoma, Washington and earned both her M.D. and M.P.H. degrees from the University of Washington. Her research focuses on racial disparities and genetic factors predicting outcomes of patients with kidney disease, education regarding access to transplantation and dialysis for minorities, and access to kidney disease care in rural areas.





#### Daniel Cabrera, M.D., M.P.H.

Dr. Dan Cabrera was recently appointed assistant director of the Internal Medicine Residency Program and assistant Student Clerkship director for Diversity and Inclusion. Dr. Cabrera is a hospitalist physician at Harborview Medical Center. He is also active on the UW Medicine Care Equity Advisory Committee and the Harborview Medical Center Equity, Diversity and Inclusion Committee, is the director of CEDI's Hispanic Health Pathway, director of the Department of Medicine Visiting Scholars Program, chair of the Department of Medicine Diversity Council, and is on the UWSOM Committee for Minority Faculty

Advancement.

#### Kim Kardonsky, M.D., M.P.H.

Dr. Kim Kardonsky recently joined the UW Department of Family Medicine and will serve as the director of the Underserved Pathway. Dr. Kardonsky is a member of the Jamestown S'Klallam Tribe of Washington State. Dr. Kardonsky received her M.D. from the Medical College of Wisconsin—Milwaukee and completed her training in family medicine at Swedish Cherry Hill with her continuity clinic at the Seattle Indian Health Board. After practicing at the Minneapolis Indian Health Board for a period of time, she returned to the Pacific Northwest to practice and teach at the Tulalip Health Clinic. Dr. Kardonsky brings years of experience in working with underserved communities, particularly indigenous and rural communities, to the UW School of Medicine.



### **Diversity Sub Internships**

Over the past four years, the number of diversity sub-internships at the UW School of Medicine (UWSOM) has increased from two to nine. The purpose of these visiting medical student opportunities is for students from underrepresented backgrounds to complete a clinical clerkship at UWSOM during their fourth year. The programs provide students with a stipend to cover the costs of travel and living expenses. To be considered, medical students must apply and be accepted by the sponsoring programs. Currently, the departments of Medicine, Pediatrics, Surgery, Family Medicine, Psychiatry, Radiology, Urology and Emergency Medicine offer a diversity visiting medical student program. In addition, the Division of Allergy and Infectious Diseases is offering residents interested in the fellowship program a similar visiting program. Information about these programs can be found on the <u>CEDI website</u>.

# Center for Leadership and Innovation in Medical Education (CLIME)

Medical Students' Voices on Gender Discrimination: A facilitated conversation with Dr. Christina Surawicz

Medical students at the UW School of Medicine have reported episodes of mistreatment for many years, with most related to gender. **Dr. Surawicz** created a podcast to educate faculty about the kinds of comments reported by medical students, using real examples from a recent student survey. The podcast is a distillation of two hours of conversation with four thoughtful and articulate current students who educated Dr. Surawicz about "well meaning" comments. We hope you find the discussion and suggestions helpful. Feel free to contact Dr. Surawicz at <u>surawicz@uw.edu</u>.



The podcast can be found in <u>Foundations of Teaching</u> on the CLIME website. For quick access or if you'd like to share this podcast the URL is: <u>http://clime.washington.edu/resources-teaching/2018/6/8/medical-student-voices</u>.

### 2018 Funded Proposals

**The CLIME Competitive Small Grant Awards** program supports innovative medical education research and curricular projects, locally and across the WWAMI region. \$20,000 is distributed each year to support projects at the University of Washington. We received 17 outstanding applications in our 2018 cycle and would like to acknowledge the following funded projects and their principal investigators:



**Morhaf Al Achkar, M.D.** Assistant Professor, Family Medicine

"Critical Dialogues and Reflections: Theory of Communicative Action Based Curriculum to Foster Competency for Judgment, Culture of Care, and Resident Authenticity at a Family Medicine Residency Program"



Amber K. Fisher, PharmD, BCACP

Co-Director, Boise Center of Excellence in Primary Care Education Pharmacy Residency Program Director, Boise VAMC

"Taking the Next Step – Improving Interprofessional Faculty Curriculum Development Skills"



**Megan M. Gray, M.D.** Assistant Professor, Pediatrics

"Development and Validation of a Milestonebased Prenatal Counseling Communication Scale"





**Jonathan M. Keller, M.D.** Fellow, Pulmonary, Critical Care & Sleep Medicine Kathleen Kieran, M.D., MS, MME Associate Professor, Urology

"Assessment of Paramedic Surgical Skills in Simulated Emergency Cricothyrotomy" "A Crucial Conversation: Helping Trainees Learn How to Talk to Families After Surgery"

Details for the 2019 cycle will be announced in January 2019. For more information about our awards program or to see project abstracts and co-investigators, please visit <u>clime.washington.edu/grant/</u>.

### Work in Progress (WIP) Sessions

These are monthly sessions in which faculty from across departments present their educational research at any stage of development to other colleagues in a friendly, safe environment. Sessions occur from 12 - 1 p.m. on the second alternating Tuesday/Wednesday of the month in E-308 (UW Health Sciences - Seattle) OR remotely via Zoom Conference. Lunch is provided to in-person attendees.

If you are interested in presenting, please contact <u>clime@uw.edu</u>. A complete schedule can be found at <u>clime.washington.edu/work-in-progress/</u>.

#### Upcoming Schedule:

October 9, 2018: Jared Klein, M.D. and Judith Tsui, M.D., MPH November 14, 2018: Mara Bann, M.D. December 11, 2018: TBA January 9, 2019: Jon Keller, M.D.

Please join our listserv to keep up-to-date on upcoming offerings including no-cost access to the International Association of Medical Science Educator's (IAMSE) web seminars, our latest CLIMEcast (podcast), Grand Rounds presentations, and workshops. Join at: <u>clime.washington.edu/join-clime</u>.

CLIME Needs Your Feedback

CLIME is seeking faculty feedback. <u>Lynne Robins, Ph.D.</u>, CLIME director, welcomes clinical faculty feedback and comments about CLIME. Please send your thoughts, comments or suggestions via e-mail to <u>lynner@uw.edu</u>.

### **Continuing Medical Education**

The following CME courses will be offered at various locations in Seattle. A printable flyer listing these opportunities can be found <u>here</u>.

## October 12: Transitions in Oncology Care: Pearls for the Primary Care Provider

This one-day program is specifically designed for primary care providers and other health care professionals who encounter patients at various stages throughout the cancer care continuum. Through didactic lectures, case-study examples and an interactive panel discussion, attendees will benefit from a comprehensive update on standards related to

screening and surveillance, symptom management and care coordination for the most common cancers seen by primary care. The goal of this course is to enhance the treatment provided to cancer patients in our community by focusing on effective communication and coordination between the care teams.

(Talaris Conference Center - Seattle)

#### **October 19-20: Full Spectrum of Heart Failure Therapy**

The University of Washington Divisions of Cardiology and Cardiothoracic Surgery welcome you to a comprehensive review of the management of heart failure. Faculty will cover cutting-edge topics pertinent to the practicing clinician working with heart failure patients of varying severity and etiology. There will be informative didactics, interesting case discussions and lively debates.

(Motif Hotel - Downtown Seattle)

### November 2-3: Annual John D. Loeser Pain Conference

Pain is nearly ubiquitous in primary care, with an estimated 40 percent of older adults experiencing some form of chronic pain. The guidelines for providers and the regulations they are expected to follow have become more and more restrictive about the dosing and duration of opioid treatment as the evidence of potential harms has become clearer. At the same time, changes in insurance coverage have brought many more patients into primary care practices who have previously had poor access to care and may still have poor access to specialty care. The Loeser conference series is designed to fill the need for actionable, evidence-based pain care strategies among primary care providers, including physicians, nurse practitioners and physician assistants. (*The Mountaineers - Sand Point, Seattle*)

#### Save the Date:

January 4-5, 2019 Endocrine Update March 17-23, 2019 Physical Medicine and Rehabilitation March 28-29, 2019 Women's Healthcare Update

### **Continuous Professionalism Improvement (CPI)**

### **WWAMI Pro Awards**

WWAMI Pro is a medical student-driven recognition program, created to empower students to honor professionalism in the UW School of Medicine community. UW medical students can recognize any individual who contributes to a positive, respectful, and supportive learning environment. The WWAMI Pro Awards program is administered by the Committee for Continuous Professionalism Improvement (CPI).

The UW School of Medicine is committed to the promotion of professionalism throughout our community. To support this, CPI was created in 2007 by Paul Ramsey, M.D., dean of the UW School of Medicine. CPI is charged with overseeing and promoting professionalism throughout the medical school and at all teaching sites.

WWAMI Pro Recognitions are announced quarterly. Current medical students can submit nominations online <u>here</u>. To learn more about CPI, please visit the <u>CPI website</u>.

Please join us in congratulating the following WWAMI Pro Award recipients for this quarter.

Kristin Algoe, M.D., Bonner General Health, Sandpoint, ID Jamey Cheek, Ed.D., LMHC, UW School of Medicine, Seattle, WA Andrea Christopher, M.D., MPH, Boise Veterans Affairs Medical Center, Boise, ID Heidi Combs, M.D., M.S., Psychiatry, Harborview, Seattle, WA Kemi Doll, M.D., Gynecologic Oncology, UW Medical Center, Seattle, WA Hunter Dunn, M.D., UW Internal Medicine Residency Program, Seattle, WA Hayley Hunt, M.D., UW OB/GYN Residency Program, Seattle, WA Rachel Fong, Medical Student, UW School of Medicine, Seattle, WA Zachary R. Gallaher, Ph.D., Lecturer, Biological Structure, WWAMI Clinical Medical Education, Gonzaga University, Spokane, WA (3) George Hodges, M.D., University of Idaho, Moscow, ID Kaalan Johnson, M.D., Seattle Children's Hospital, Seattle, WA Anne Long, UW Department of Surgery Education, Seattle, WA Mark Mayo, M.D., UW Internal Medicine Residency Program, Seattle, WA Kara Mitchell, M.D., UW Medical Center, Seattle, WA
Emily Muller, Medical Student, (E17), UW School of Medicine, Seattle, WA
Richard Parry, M.D., Mann-Grandstaff VA Medical Center, Spokane, WA
Krishna Prabhu, M.D., UW Internal Medicine Residency Program, Seattle, WA
John Sheffield, M.D., Internal Medicine Clerkship Site Director Coordinator,
Harborview, Seattle, WA
Laura Spence, M.D., UW School of Medicine, Gonzaga University, Spokane, WA
Glen Tamura, M.D., Seattle Children's Hospital, Seattle, WA
John Thalken, M.D., Internal Medicine, Douglas, WY
Renata Urban, M.D., OB-GYN, UW Medical Center, Seattle, WA
Nicole Zacher, LICSW, Harborview Medical Center, Seattle, WA
Liqun Zhu, M.D., EvergreenHealth Primary Care, Redmond, WA

A list of the WWAMI Pro Award recipients to date can be found here.

### **Educational Quality Improvement (EQI)**

### **Continuous Quality Improvement**

The Educational Quality Improvement (EQI) Unit is now featuring a regular column on Continuous Quality Improvement (CQI) in the WWAMI Faculty Newsletter. The need for CQI is driven, in part, by the Liaison Committee on Medical Education (LCME) accrediting body as well as national trends that promote excellence in medical education.

So, what is CQI and why is it important to us? CQI is the systematic approach to monitoring and analyzing the degree to which our work aligns with the UW School of Medicine's (UWSOM's) programmatic goals and accreditation standards. Through CQI, we demonstrate the effectiveness of educational programs, innovative pilot initiatives, resource allocations and adequacy of personnel.

At UWSOM, CQI is our collective responsibility. We can all play an integral part by initiating and implementing CQI activities to address gaps and needs, identify opportunities for innovations, and disseminate best practices throughout the region. As you engage in CQI activities, the EQI Unit will assist you with CQI resources and coaching.

In the year ahead, the EQI Unit will be working to identify and monitor UWSOM's CQI initiatives that help ensure compliance with accreditation standards and further our pursuit of excellence. The ongoing CQI column in this newsletter will provide tips, ideas, encouragement and occasional highlights of notable CQI initiatives. If you have any CQI questions, please reach out to Marilyn Cope, director of Educational Quality Improvement at copemari@uw.edu. We look forward to collaborating with you!

### RECOGNITIONS

### Dr. Robert Furilla Voted by Students as Pharmacy Teacher of the Year



**Robert Furilla, Ph.D.**, a University of Alaska Anchorage Term professor of Human Physiology was voted Teacher of the Year by his students in the the Department of Biomedical and Pharmaceutical Sciences, Idaho State University College of Pharmacy at the University of Alaska Anchorage.

His nominators said of Dr. Furilla, "He's an amazing professor, his talents lend to his teaching style, making it easy to learn a difficult topic. He is a human encyclopedia!"

In addition to teaching pharmacy students Dr. Furillo teaches

medical students in the UW School of Medicine's Alaska WWAMI

program.

Dr. Furilla's 15-year association with Alaska WWAMI began in 2003 as a substitute cell biology instructor. In 2007 he was appointed Associate Director for Alaska WWAMI and in 2010 was appointed interim director until 2012 when Jane Shelby was hired for the position.

Teacher of the Year is honored at the annual meeting of the American Association of Colleges of Pharmacy. Congratulations Dr. Furilla!

# Dr. Mark Garnaas Earns Prestigious 2018 APGO Excellence in Teaching Award

**Mark Garnaas, M.D.**, has earned the prestigious 2018 Excellence in Teaching Award from the Association of Professors of Gynecology and Obstetrics (APGO). The award is bestowed to OB/GYN educators who demonstrate a love for teaching, receive outstanding teaching evaluations from learners, are nominated by the clerkship director and Chair of the home department, and are examples of "how to do it right!" APGO has been recognizing excellent teachers with this award since 2014.



Dr. Garnaas is a UWSOM graduate and practices obstetrics and gynecology at the Western Montana Clinic in Missoula, MT. He has been teaching Montana WWAMI students since 2004.

Congratulations Dr. Garnaas!



### Montana WWAMI's Dr. Steven Gerstner Receives Distinguished WWAMI Regional Teacher Award

**Steven Gerstner, M.D., F.A.C.P.**, was selected by the graduating medical school class of 2018 to receive the 2018 Distinguished WWAMI/Regional Teacher Award. He was recognized at the Physician's Oath and Hooding Ceremony held in Seattle on May 25, and received an award of \$5000 for academic support in the Department of Medicine, Division of General Internal Medicine. Additionally Dr. Gerstner was invited to share his philosophy on medical education with the UW Medical School Executive Committee (MSEC).

Dr. Gerstner received his undergraduate degree from the University of Wyoming, and went on to complete his medical school training at the University of California in Los Angeles, and his internal medicine internship and residency at the UW in Seattle. He was board certified in internal medicine in 1989 and has practiced at the Billings Clinic in Billings, MT since that time.

Congratulations Dr. Gerstner!

### Dr. Kimberly Grandinetti Recieves 2018 WWAMI Teaching Award

**Kimberly Grandinetti, M.D.**, received a 2018 WWAMI Teaching Award from the UW Department of Pediatrics. The award carries the name of Dr. F. Curt Bennett who was a WWAMI Pediatric Director for many years. The award is given every other year to an outstanding member of the WWAMI medical student teaching faculty. Dr. Grandinetti, a general pediatrician with Kaiser Permanente in Spokane, WA, was recognized for her exceptional commitment to UW School of Medicine students and her unfailing determination to insure the quality of their pediatric education.

Congratulations Dr. Grandinetti!





### Dr. Meghan Johnston to be Honored as the American College of Physicians Montana Chapter's "Woman Physician of the Year"

**Meghan Johnston, M.D.**, received the American College of Physicians (ACP) Montana Chapter's "Woman Physician of the Year" award at the ACP meeting in Billings, MT on September 7, 2018. Dr. Johnston, an internist in Bozeman, MT, is the Internal Medicine clerkship director for Montana WWAMI, as well as a member of the College Faculty. She graduated from UWSOM Montana in 2011.

Congratulations Dr. Johnston!



### Montana Faculty Recognition: Dr. Leslee Kane

**Leslee Kane, M.D.**, Montana WWAMI Primary Care Practicum (PCP) director, College Mentor, and Bozeman Track Director was recognized by her colleagues, Dr. Collette Kirchhoff and Dr. Zach Meyers at the annual Colleges and Foundations of Clinical Medicine faculty retreat in Seattle.

Drs Kirchhoff and Meyers noted, "We are very fortunate to have a very caring, conscientious, and hard-working team of

college faculty. We could say accolades about each, as they have stepped up in various ways this year. However one person we want to recognize is Leslee Kane. Leslee has worked tirelessly for her mentees. She has stepped up this year as the track director and faculty liaison to Felicia Tripp for local career advising, and she took on the role of PCP director where she has worked with Tracy Fairbanks to have a seamless transition. With each big need this year, it seems Leslee was there. We are so grateful for each of our faculty but want to especially recognize Leslee. Thank you!"

Congratulations Dr. Kane!

### Dr. Lorrie Langdale and Dr. Christina Marra Earn the 2018 UW Medicine Award for Excellence in Mentoring Women Faculty

**Christina Marra, M.D.**, and **Lorrie Langdale, M.D.**, have received the 2018 UW Medicine Award for Excellence in Mentoring Women Faculty. The award, initially sponsored by UW Medicine's National Center for Excellence in Women's Health, recognizes the need for mentoring of women faculty by all faculty. Prior award recipients

dating back to 2003 include:

Dr. Nora Disis (2003) Dr. Ed Boyko (2004) Dr. Trisha Davis (2005) Dr. Elizabeth McCauley & Dr. Anna Wald (2006) Dr. Julie Overbaugh & Dr. Catherine Otto (2007) Dr. Grace John Stewart & Dr. Lynn Schnapp (2008) Dr. Dedra Buchwald (2009)





Lorrie Langdale, M.D. Department of Surgery



Christina Marra, M.D. Department of Neurology

Dr. Bonnie Ramsey, Professor and Vice Chair for Research in Pediatrics at the UW School of Medicine, Awarded Alpert Prize for Trailblazing Cystic Fibrosis Discoveries



**Bonnie Ramsey, M.D.**, professor and vice chair for research in pediatrics at the UW School of Medicine, is being recognized by the Alpert Foundation for her leadership in cystic fibrosis studies of Psuedomonas aeruginosa infections in the airways. This work has resulted in the development of better therapies for this debilitating condition.

Cystic fibrosis, or CF, is a progressive, hereditary disorder that causes the buildup of abnormally thick mucus in the lungs, pancreas and other organs. The condition results in persistent lung infections and, over time, limits the ability to breathe. CF affects some 75,000 people in the United States,

Canada, Europe and Australia. Life expectancy has improved steadily over the past several decades. The median age of survival in the United States and other developed countries is now estimated to be in the early 40s, compared with a only a few months for children born with cystic fibrosis in the late 1950s.

Scientific and clinical work by Ramsey and her international colleagues in the field contributed to this tremendous improvement in the lives and the lifespans of those with the disorder. Ramsey practices at Seattle Children's, and is also a researcher at the Seattle Children's Research Institute.

Congratulations Dr. Ramsey!

Read more about Dr. Ramsey's work and prestigious award in The Huddle.

### UW School of Medicine Spokane's Med for Ed Program Applauded by Spokane Regional Health District for Walking School Bus

The UW School of Medicine - Gonzaga University Regional Health Partnership was recognized by the Spokane Regional Health District for its support of the Walking School Bus program, as part of Safe Routes to School Spokane, a multifaceted program to increase student attendance, improve health outcomes, and enhance student travel safety in Spokane's impoverished and underserved neighborhoods.

This past Spring, approximately 40 UW medical students engaged K-6 students with the Walking School Bus at three local public elementary schools.

"We could not undertake this work without the student leadership in the Med for Ed service learning group whose unwavering and sustained leadership has steadily increased since fall 2015," said Spokane Regional Health District Administrator Torney Smith.

Well done Spokane medical students and leaders!

### UW School of Medicine WWAMI Family Medicine Interest Group Spokane Receives a 2018 AAFP Program of Excellence Award

The American Academy of Family Physicians has awarded a 2018 AAFP Program of Excellence Award to the UWSOM Family Medicine Interest Group (FMIG) in Spokane. AAFP named 18 medical school FMIGs as the overall 2018 Program of Excellence Award winners for their exemplary efforts to grow and support interest in family medicine.

FMIGs are student-run organizations that provide opportunities for students to learn about and experience family medicine in ways not offered in their medical school curricula. FMIGs host regular events, workshops, leadership development opportunities and community and clinical experiences. The award-winning FMIGs are breaking new ground with efforts such as starting pipeline programs for URiM students, and working with their school administration to change the curriculum to be more supportive of primary care.

Shout outs to Dr. Clint Hauxwell, the FMIG Spokane faculty advisor, and student leaders Kelly Anne Hennessey and Noah Smith, with administrative support from Deborah Greene. You can read more about the UWSOM FMIG's activities on their Program of Excellence application <u>here</u>.

Congratulations to the UWSOM Family Medicine Interest Group!



WWAMI AHEC Receives 2018 Eugene S. Mayer Program of Excellence Award The <u>WWAMI AHEC</u> (Area Health Education Center) has received the 2018 Eugene S. Mayer Program of Excellence Award. The award is given in honor of Dr. Eugene S. Mayer who provided dedicated leadership to the national AHEC movement from 1972 until his death in 1994.

- The Eugene S. Mayer Program of Excellence Award is given to an entire AHEC Program, including its Centers, based on the degree to which it exemplifies the best qualities of an AHEC Program as outlined in these criteria:
- Program comprehensiveness
- Community and university partnerships
- Responsiveness to community needs
- Degree to which the program has had a significant impact on improving access to health care for the citizens in its state
- Limited to NAO members



The WWAMI AHEC is rural-focused and has two offices in Washington state and three in Idaho, but its work reaches all points in the WWAMI region (Washington, Wyoming, Alaska, Montana and Idaho). It's mission is to improve diversity, distribution and quality of the healthcare workforce throughout The WWAMI AHEC relies on partnerships with affiliated AHEC program offices in Montana and Alaska, as well as clinics and communities in the WWAMI states, promotes health career pathways, creates healthcare educational opportunities for students from junior high school through professional and post-graduate training, and supports healthcare providers working with underserved populations.

"This award underscores the superb job by the WWAMI AHEC team in collaborating across the region to provide access to rural and underserved primary healthcare and workforce development," said Dr. John McCarthy, Director of the WWAMI AHEC Program Office.

Pictured above, L to R: Stacey Morrison, MLIS, M.A., Associate Director, WWAMI AHEC Program Office, John McCarthy, M.D., Director, WWAMI AHEC Program Office, Assistant Dean of Rural Programs, and Sue Skillman, M.S., Deputy Director of the UW Center for Health Workforce Studies, and investigator for RuralPREP and the WWAMI Rural Health Research Center.

### **RURAL PROGRAMS**

### Update from the Office of Rural Programs

The Office of Rural Programs is a little over one year into its history and it continues to grow and reach out to the WWAMI region to increase its impact. Our flagship program, RUOP (Rural Underserved Opportunities Program) remains robust after 29 years even as the stipend supporting students was discontinued through the new curriculum adopted in 2015. The RUOP team comprised of Toby Keys, Brenda Martinez, and Sarah Lee along with help from RUOP mentors, Jimmy Wallace M.D., Molly Hong M.D., Kim Kardonsky, M.D., Stacey Morrison, Larry Kirven, M.D., and Neil Sun Rhodes M.D., has been working over the



Wenatchee RUOP student Jazmin Perez

summer to help students with their clinical exposure as well as their Triple I projects.

Well over 100 community physicians have helped to create excellent exposures for these students.

**TRUST** (Targeted Rural/Underserved Opportunities Track) is approaching its 10 year anniversary. It continues to attract students with significant commitments to disenfranchised populations and more graduates of the program are starting to complete their residency training. We look forward to their return to the region and hope to see an impact beginning to manifest.

At this time the **WRITE** program (WWAMI Rural Integrated Training Experience) is celebrating 22 years of existence and now has 39 sites which are active and sought after by students. Nationally, this longitudinally integrated method to medical education has been lauded as an approach which is helpful and helps to maintain empathy. We have needed to develop two waves of students going through this program and are exploring the development of a third wave.

Additionally, the **Olympia Longitudinally Integrated Clerkship** is being wrapped into the Office of Rural Programs. This small city clerkship has been successfully running for the last 5 years and has provided an excellent learning environment for a number of medical students.

Finally, the WWAMI AHEC was awarded a \$3 million grant by the U.S. Health Resources and Services Administration to fund the **WWAMI AHEC Scholars** program, a twoyear, interprofessional and nationally-recognized certificate program that emphasizes a team-based approach to addressing health disparities. Faculty from the UW School of Medicine teamed up with the WWAMI Area Health Education Center (AHEC) Program Office and its regional Centers in Washington and Idaho to develop a program, which emphasizes inter-professional and experiential learning.

In this program students participate in two interprofessional courses. Topics cover practice transformation in team-based underserved settings, behavioral health integration, rural health, health equity and other emerging topics in underserved care. Additionally, they visit an urban underserved or rural healthcare setting, and participate in 40 hours of experiential/community training through a community project or service learning, and take part in a networking event with potential employers.

The WWAMI AHEC Scholars program launches in September 2018.

### Volunteer Faculty Reflect on their Roles as RUOP Student Mentors

As some of you know, RUOP (Rural/Underserved Opportunities Program) has been a successful component of the UW School of Medicine for the past 32 years. This summer more than 100 volunteer faculty from across the WWAMI region hosted UW medical students for their four-week RUOP rotations. Additionally, several faculty also supported the community engagement projects completed by students during their RUOP rotations, and helped the students think through the impact physicians make on a community, and guide their reflections. In this article, we asked three of our community faculty to share their experiences as RUOP mentors.

**Molly Hong, M.D.** has been a rural family physician in Port Townsend, Washington, for more than a decade providing full scope family medicine. She assists with UWSOM's TRUST program (Targeted Rural Underserved Student Track) and by extension, RUOP and WRITE (WWAMI Rural Integrated Training Experience).

"Part of maintaining balance and perspective for me has always been exposure to students—in particular their passion, intelligence and innocence. It's hard to be jaded when you are



face-to-face with all the same energy and enthusiasm you had when you were at that stage of training," says Dr. Hong.

"As a RUOP mentor I have the privilege of hearing the ideas and reflections of insightful, brilliant students as they explore new communities and tap into the strengths and needs of those communities. It gives me a window into how my own community might compare and contrast to these other communities. I've learned that despite our size, my small community has just as many community efforts and organizations as others—and it is heartening. I also appreciate being able to see first-hand how students can positively affect those communities in just one month's time. I feel quite humbled and grateful to be a part of this RUOP team."

**Neil Sun Rhodes, M.D., M.P.H.**, is a family physician at the Indian Health Service Blackfeet Community Hospital in Browning, Montana where he has provided full spectrum care since 2009. Dr. Sun Rhodes supervises residents and health professions students rotating through Browning, as well as WWAMI students during their summer RUOPs.

"I feel the time I've been able to spend with the RUOP students has been a rich and rewarding experience. I have been able to bear witness to the development of a deep understanding of community as well as the requisite leadership that a physician

must possess in order to thrive practicing and living in a rural community," says Dr. Sun Rhodes.

"Additionally, the reflections of what hurts, empowers, frustrates, and I may even say impassions students, is at times a very humbling feeling to read. It makes me want to be a better physician, making me reflect on my own situation where I live and how I practice."

James "Jimmy" Wallace, M.D., M.P.H., is a family physician with additional training in obstetrics and public health. For the past six years he has seen patients at a community health center in Brewster, Washington. When asked for his thoughts about mentoring RUOP students he says, "RUOP keeps me grounded and in-touch with my love of teaching and mentorship. When choosing to practice in a rural area I worried that it would keep me from having learners present to challenge my thinking and with whom to share the joys of practicing medicine, especially primary care with underserved populations."

He went on to say that, "RUOP provides a structure for community-level intervention, it integrates a foundation for public health practice within the student's medical education, and illuminates the joys and rewards of care for underserved populations through an intimate experience with a practicing physician and their community. I wish a program like RUOP had existed at the start of my training, and I am honored to play a role in this formative piece of the UW's Foundations curriculum."

It is clear that mentoring students has added value to our teaching colleagues. Certainly it takes time, but the value of the interchange with our developing physician leaders is substantial. Their continued engagement speaks to the personal enrichment one can achieve by helping guide students through their training.

### **SERVICE LEARNING**

The Spokane Underrepresented in Medicine Student Club Supports Underrepresented Pre-Med Students in Eastern Washington





The Spokane URiM Student Club was started three years ago, but things really took off last year when first-year medical student Lynn Zhao had the idea for a large-scale workshop event to support underrepresented pre-med students in eastern Washington.

After securing funding through a diversity seed grant, Lynn recruited undergraduate participants as well as volunteers by making connections at Gonzaga University,



Eastern Washington University and local community colleges. Ultimately she found 25 volunteer students and faculty to lead seven interactive workshops in Gonzaga's Schoenberg Center. Highlights of the workshop included a URiM medical student panel, hands-on suturing and anatomy workshops, a MCAT preparation panel, a "Day in the Life" session, and a forum on how to become a competitive applicant. A total of 59 students attended and for Lynn it was an incredibly rewarding experience.



"I had the privilege of meeting so many bright, driven, and thoughtful young folks through this event," she said. "I hope URiM-Spokane can continue to support underrepresented pre-med students in Eastern WA!"

The undergraduates also enjoyed the experience. "When I was an underrepresented undergrad, I felt that doctors were so high above me, but this was a really relaxed

environment," said Luke who volunteered at the event. "I think we had the most fun during lunch when we sat around and joked about the good parts and the bad parts of medical school."

The URiM leadership team has a lot of work yet to do to get ready for this year's event, but they are well on their way to success. They have already secured funding through a generous donation by Krista Loney, director of the Eastern Washington-Area Health Education Center (EWAHEC). Krista is excited about the project and has said that this event completely aligns with their mission.

Read more about the upcoming Spokane URiM Student Club workshop here.

### WWAMI FACULTY APPOINTMENTS

### June - August 2018

### Western Washington

Dr. Partha Gonavaram, Clinical Instructor, Residency, Lakewood, WA Dr. Alexander Hamling, Clinical Instructor, Residency, Seattle, WA Dr. Matthew Louie, Clinical Instructor, Olympia, WA Dr. Summer Scavone, Clinical Instructor, Residency, Seattle, WA Dr. Gurjeet Singh, Clinical Instructor, Vancouver, WA Dr. Kendra Smith, Clinical Instructor, Olympia, WA Dr. Judith Son, Clinical Instructor, Olympia, WA

### Eastern & Central Washington

**Dr. Sami Amjad**, Clinical Instructor, Spokane, WA **Dr. Timothy Ball**, Clinical Assistant

### Alaska

**Dr. Thomas Nighswander**, Emeritus Affiliate Professor, Anchorage, AK **Dr. David Trowbridge**, Affiliate Instructor, Anchorage, AK

### Montana

Dr. Jonah Attebery, Clinical Assistant Professor, Missoula, MT Dr. Gregory Burfeind, Clinical Instructor, Red Lodge, MT Dr. Nathan Cook, Clinical Instructor, Anaconda, MT Dr. Eric Johnson, Clinical Instructor, Butte, MT Dr. Nichole McKinsey, Clinical Instructor, Polson, MT Dr. Jeffrey Palen, Clinical Instructor, Great Falls, MT Professor, Spokane, WA Dr. Denise Bayuszik, Clinical Instructor, Spokane, WA Dr. William Bennett, Clinical Instructor, Spokane, WA Dr. Brian Campbell, Clinical Instructor, Spokane, WA Dr. Ruxandra Costa, Clinical Instructor, Residency, Spokane, WA Dr. Alyssa Dalton, Clinical Instructor, Spokane, WA Dr. Mark Johnson, Clinical Associate Professor. Spokane, WA Dr. Asif Malik, Clinical Instructor, Residency, Richland, WA Dr. Paul Osmun, Clinical Instructor, Residency, Spokane, WA Dr. Jason Roos, Clinical Instructor, Foundations. Spokane, WA Dr. Jordan Sand, Clinical Instructor, Spokane, WA Dr. Kassandra Tricola, Clinical Instructor, Pullman. WA

### Wyoming

Dr. Tyler Quest, Clinical Instructor, Residency, Casper, WY Dr. Casey Starks, Clinical Instructor, Douglas, WY Dr. Alyse Williams, Clinical Instructor, Buffalo, WY Dr. Jamie Straub, Clinical Instructor, Polson, MT Dr. Jessica Valentine, Clinical Instructor, Residency, Plains, MT Dr. Adam Vanregenmortor, Clinical Instructor, Missoula, MT

#### ldaho

Dr. Brock Bemis, Clinical Instructor, Ketchum. ID Dr. Ramsis Benjamin, Clinical Instructor, Coeur d'Alene, ID Dr. Nigel Campbell, Clinical Instructor, Foundations, Moscow, ID Dr. Catherine Doyle, Clinical Instructor, Boise, ID Dr. Kimberley Guida, Clinical Instructor, Foundations, Moscow, ID Dr. Aurora Horstkamp, Clinical Instructor, Foundations, Moscow, ID Dr. Joseph Krakker, Clinical Instructor, Residency, Salmon, ID Dr. Tamara Rolan, Clinical Instructor, Residency Meridian, ID Dr. Nicole Ruske, Clinical Instructor, Residency Jerome, ID Dr. Carson Seeber, Clinical Instructor, Lewiston, ID Dr. Sarah Staller, Clinical Instructor, Nampa, ID Dr. Charles Webb, Clinical Instructor, Boise, ID

### WWAMI ROUNDUP

Events and News from the Five-State Region

### SPOKANE



#### Spokane Student Named to Husky 100

Justin Thompson, E-16 Spokane medical student was named a 2018 <u>Husky 100</u> for his leadership, compassion and collaborative nature.

#### SAVE THE DATE: UW School of Medicine-Gonzaga University Regional Health Partnership Research Poster Session

The UWSOM-GU partnership Research Poster Session is scheduled for October 23, 2018, from 5:30-7:30 p.m. in the Hemmingson Center on the Gonzaga campus. Spokane medical students and Gonzaga undergraduates will present their projects. Campus and community members are invited to participate in this annual event.

### **MONTANA**

UWSOM Medical Student III Poster Session (E-17s) October 16, 2018

**UWSOM Transition Ceremony (E-17s)** December 14, 2018

### **IDAHO**

**SAVE THE DATE: Idaho WWAMI Faculty Development Workshop - Nov. 10, 2018** Idaho WWAMI will host the 5th Annual Idaho WWAMI Faculty Development Workshop in Boise on November 10. Registration information will be <u>available here</u> in late July.



#### Follow Idaho WWAMI on Facebook

Read about exciting things medical students and physicians are doing throughout Idaho and beyond. You can find the Idaho WWAMI Facebook page at <u>facebook.com/idahowwami</u>.

### **IMPORTANT LINKS**

- CLIME: In-person and on-line faculty development programs and conferences
- <u>Continuing Medical Education (CME) Portal</u>
- Idaho WWAMI Facebook Page
- Implicit Bias in the Clinical Setting and Learning Environment Training Module
- M.D. Handbook
- Newsroom: Dispatches and news media resources from UW Medicine and UW
   Health Sciences
- Right as Rain: Consumer health website for millennials from UW Medicine
- The Huddle: A news and culture site for employees of UW Medicine and beyond
- <u>UW School of Medicine Policy on Supervision of Medical Students in Clinical</u> Settings
- <u>UW Faculty Development website</u> (Requires a UW NetID to access)
- <u>UW School of Medicine Curriculum Committee Bylaws, Membership, and Meeting</u> <u>Minutes</u>
- <u>UW Medicine Policy on Professional Conduct</u>
- <u>WWAMI Facebook Page</u>
- Idaho WWAMI Facebook Page

The WWAMI Faculty Newsletter is published six times per year. Please let us know about the outstanding work of your colleagues so that we can recognize their contributions.

Send suggestions and comments to <u>Kim Blakeley</u>, Director, UW Medicine/UW School of Medicine Communications.

UW Medicine

www.uwmedicine.org/education