



University of Idaho
A LEGACY OF LEADING

The WWAMI Messenger

News from Idaho WWAMI
Medical Education in Idaho Since 1972

SPRING 2017-SPRING 2018 - A Year in Review

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WWAMI Medical Education Program Links

Idaho WWAMI Program Links

University of Washington, Idaho WWAMI
<http://www.uwmedicine.org/education/md-program/current-students/wwami/idaho>
University of Idaho, Moscow
<http://www.uidaho.edu/academics/wwami>

SAVE THE DATE! Idaho WWAMI Faculty Development Workshop November 10, 2018

Idaho WWAMI will host the 5th Annual Idaho WWAMI Faculty Development Workshop in Boise on November 10th. Check UWSOM's Idaho WWAMI website <http://www.uwmedicine.org/education/md-program/current-students/wwami/idaho> late July for registration information.

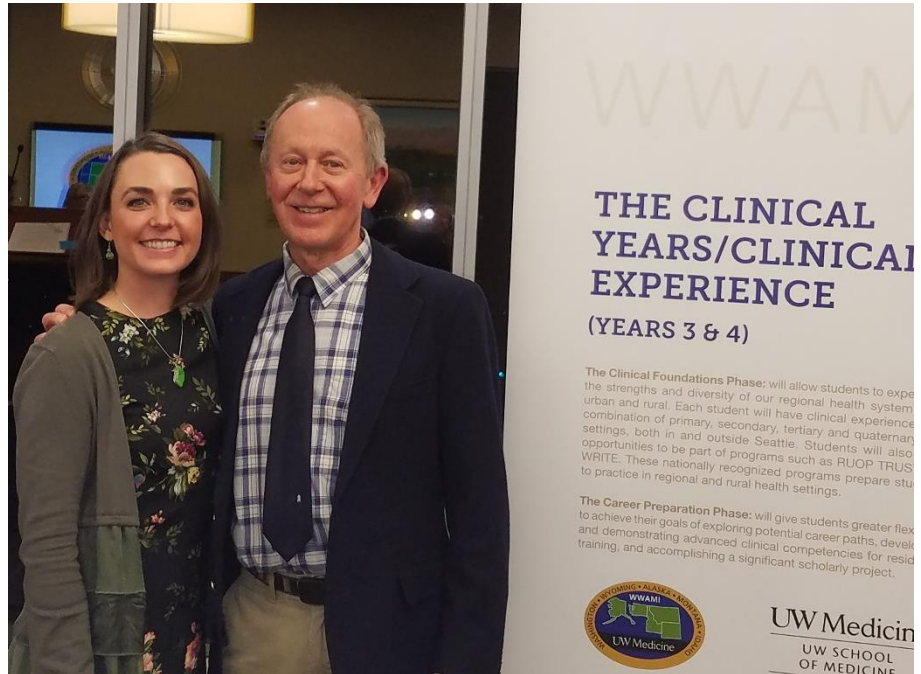
INTERESTED IN SPONSORSHIP? Contact iddwwami@uw.edu

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Idaho WWAMI is on Facebook. Like and Follow Idaho WWAMI to read about exciting things medical students and physicians are doing throughout Idaho and beyond. You can find the Idaho WWAMI Facebook page here: <https://www.facebook.com/idahowwami/>

E-70 Dr. Richard A. McLandress Receives 2018 WWAMI Alumni Award



Pictured left to right, UWSOM/Idaho WWAMI Graduate, Devin Laky, MD and Richard McLandress, MD, E-70 UWSOM award recipient.

Idaho WWAMI was pleased to present Richard A. McLandress, MD (UWSOM Entering Class of 1970) with the 2018 WWAMI Alumni Award for Excellence in Mentoring, Teaching, Leadership, and Patient Care during the Idaho WWAMI Legislative Reception on February 6, 2018.

Dr. McLandress is a family physician who has practiced in Coeur d'Alene, Idaho, since 1977. He received his BS in Microbiology from the University of Washington in 1970, where he graduated Magna Cum Laude. He earned his MD degree from the University of Washington in 1974, and was elected into Alpha Omega Alpha, the national Honor Medical Society. In 1977, Dr. McLandress completed his family medicine residency training at the Family Medicine Residency, University of Washington School of Medicine in Spokane, WA. After completing residency training, he created Family Medicine Coeur d'Alene with his lifelong friends and partners, Mike Dixon, Neil Nemecek, and later Robert McFarland. In 2013, along with support from Kootenai Health, he transitioned the practice to become the Kootenai Health Family Medicine Coeur d'Alene Residency. Dr. and Mrs. McLandress enjoy the life they have built in Coeur d'Alene and have four fantastic children, including a WWAMI graduate and OB/Gyn, MSU and U of M graduates and present college students.

To learn more about Dr. Richard McLandress, visit Kootenai Health <https://www.kh.org/provider/richard-mclandress/>

CLIME Corner – UWSOM Center for Leadership and Innovation in Medical Education

The Center for Leadership and Innovation in Medical Education (CLIME) was established in 2012 to foster innovation, scholarship and collaboration for the advancement of health professions education. In support of this mission, CLIME offers Education Development, Education Scholarship, and Community for Educators – Visit CLIME’s website for center information:

<http://clime.washington.edu/clime-overview/>

One of the newer offerings CLIME is very excited to promote falls within the *Education Development* area. These web-based materials are easily accessible to faculty across the WWAMI region and include online learning modules and podcasts. We would encourage Idaho WWAMI faculty to explore these offerings, sign up for a membership and use the resources developed by UWSOM. The direct link to CLIMEcasts can be found here <http://clime.washington.edu/podcasts>

CLIME membership is open to any faculty at no cost. Members receive 2-3 emails per month with educator and scholarship development resources and upcoming events. Members receive free access to TeachingPhysician.org and IAMSE web seminars. Faculty can join the CLIME listserv through the CLIME website: <http://clime.washington.edu/>

CLIME is seeking faculty feedback. Lynne Robins, PhD Director, CLIME, would welcome clinician faculty feedback and comments about CLIME. Please try it out and reach out to CLIME with your thoughts, comments or suggestions via e-mail: lynnr@uw.edu



Fourth Annual Idaho WWAMI Faculty Development Workshop, October 2017

Idaho WWAMI hosted the fourth annual Faculty Development Workshop on October 28, 2017, in Boise, Idaho. Workshop topics focused on themes in the following areas:

- Learner Centered Teaching
- Efficient Teaching
- Evaluation and Feedback

Workshop speakers included Anne Eacker, MD, FACP, Joshua Jauregui, MD, Somnath Mookherjee, MD, and Lynne Robins, PhD. Thirty-nine individuals registered for the workshop, including physicians, physician assistants, and nurse practitioners from around the state. Idaho WWAMI is working hard to expand faculty development opportunities throughout Idaho. Session presentations for all speakers can be found on the UW’s website: <https://www.uwmedicine.org/education/md-program/wwami/wwami-conferences/faculty-development-workshop/2017-workshop>



Top left; Dr. Mary Barinaga enjoys a candid moment with workshop presenters, Dr. Joshua Jauregui, Dr. Lynne Robins, and Dr. Somnath Mookherjee. Lower left; Participants during breakout session working on solutions. Lower right; Dr. Robins and Dr. Jauregui role play Questioning as a Tool for Effective Teaching.



Thank you to our 2017 Faculty Development Workshop Sponsors!



Idaho WWAMI Students Elected into Alpha Omega Alpha Honor Society

The elected members of the UWSOM's chapter of Alpha Omega Alpha, the national Honor Medical Society, were announced in September 2017 and in April 2018. The top 25% of each class is eligible to be considered for AOA. Feedback from peers, recommendations from college mentors and clerkship directors, as well as community service and scholastic achievements are all considered in student selection. Idaho WWAMI is proud to announce the following Idaho students were elected:

2017 - C. C. Ma & Noah Qualls
2018 – Diana Christensen, Bobby Endo, Brynn Hathaway, and Sara Schaefer

Student Service

The E-17 Idaho WWAMI students are taking active roles in service locally and beyond.

MSA President, Taylor Wilkinson

MSA Vice President, Kaitlyn Casper

MSA Treasurer, Annika Kohlmeier

AMA Representative, Garrett Strizich

FMIG Representatives, Bill Thurston and Ahna Thompson

Outreach Coordinators, Kevin Jurgensmeier and Marianne Meyers

Wellness Coordinators, Jacob Pascoe and Jacob Romm

Videographers, Nicholas Thomson and Michael Gencarella

Idaho WWAMI students also contributed to the medical school accreditation preparation either as leaders of the Independent Student Analysis (ISA) team or as members on various accreditation committees.

Idaho WWAMI and the UWSOM would like to thank these students for their time and dedication to enhancing the medical school experience for all.

The TRUST Tribune: by Tyler Wines A Reflection

Entering the fourth year of medical school you begin to ask yourself, and get asked by others daily, "What type of doctor do I/you want to be?". At this point in our training we have completed the bulk of our foundational rotations and are beginning to explore what specialty rotations will be like. As the idea of the residency match lingers in the back of my mind and those of my peers', we are constantly discussing what draws us to one field and away from the others. Through this journey I have realized two things. First, whatever specialty I end up matching into must incorporate an aspect of patient continuity. Second, whatever specialty I select must be able to practice in a rural setting.

I am no closer to deciding what I will match into, but I do know that I want to be a rural physician. My collective TRUST and WRITE experience have solidified this for me. Having Hailey and the Wood River Valley be a part of my medical training have been the highlight of medical school, and an experience I will always be grateful for. I knew entering TRUST that I wanted to be a rural physician. However, with the six months of continual training in Hailey that WRITE provided, I was able to experience the benefits of forming relationships with my patients and how continuity of care was an aspect I appreciated most during my WRITE experience. I now know that continuity with my patients is something I value and will look for in my match decision.

I can't say there was a single specific time or interaction that stood out through my time in Hailey. But, what I did find most rewarding was following patients through all aspects of their care. Whether it be a patient I had seen multiple times in the outpatient clinic and was not seeing on the inpatient side or providing prenatal care, delivering a little girl, and then following her monthly while I was there. These experiences are extremely unique to WWAMI and TRUST. The goal of this program is to introduce students to the benefits of rural and underserved medicine. I can whole-heartedly say the TRUST program is not only achieving this standard but is exceeding it because it is recruiting and retaining local students to return and practice in these amazing rural areas. I am extremely grateful to have been a part of TRUST in Idaho and know it was the most important influencer of looking at my residency match possibilities and future specialty selection.



Gold Humanism Honor Society

In April 2017, UWSOM students were elected to the UW's chapter of the Gold Humanism Honor Society. GHHS recognizes students, residents, and faculty who are exemplars of compassionate patient care. The Idaho WWAMI students elected were:

Anna Curtin
Lindsey Daudt
Fritz Siegart

WWAMI Pro Recognition

WWAMI Pro is a medical student-driven recognition program that was created to empower students to honor moments of professionalism in the UW School of Medicine community. UW medical students can recognize any individual who contributes to a positive, respectful, and supportive learning environment. Learn more here:

<http://depts.washington.edu/wwamipro/>

Idaho's honorees are:

Amanda Aman, E-16 Medical Student

Louisa Lavy, MD, Neurologist, Kootenai Health (Coeur d'Alene)

Robin Lawrence, MD, Neonatologist, Portneuf Medical Center (Pocatello)

Kim Lynch, MD, General Surgeon, Veterans Affairs Medical Center (Boise)

Bryn Martin, PhD, Biological Engineering (Moscow)

Adriana Olivas, Program Operations Administrator, Idaho WWAMI (Boise)

Steven Ozeran, MD, Plastic Surgeon (Lewiston)

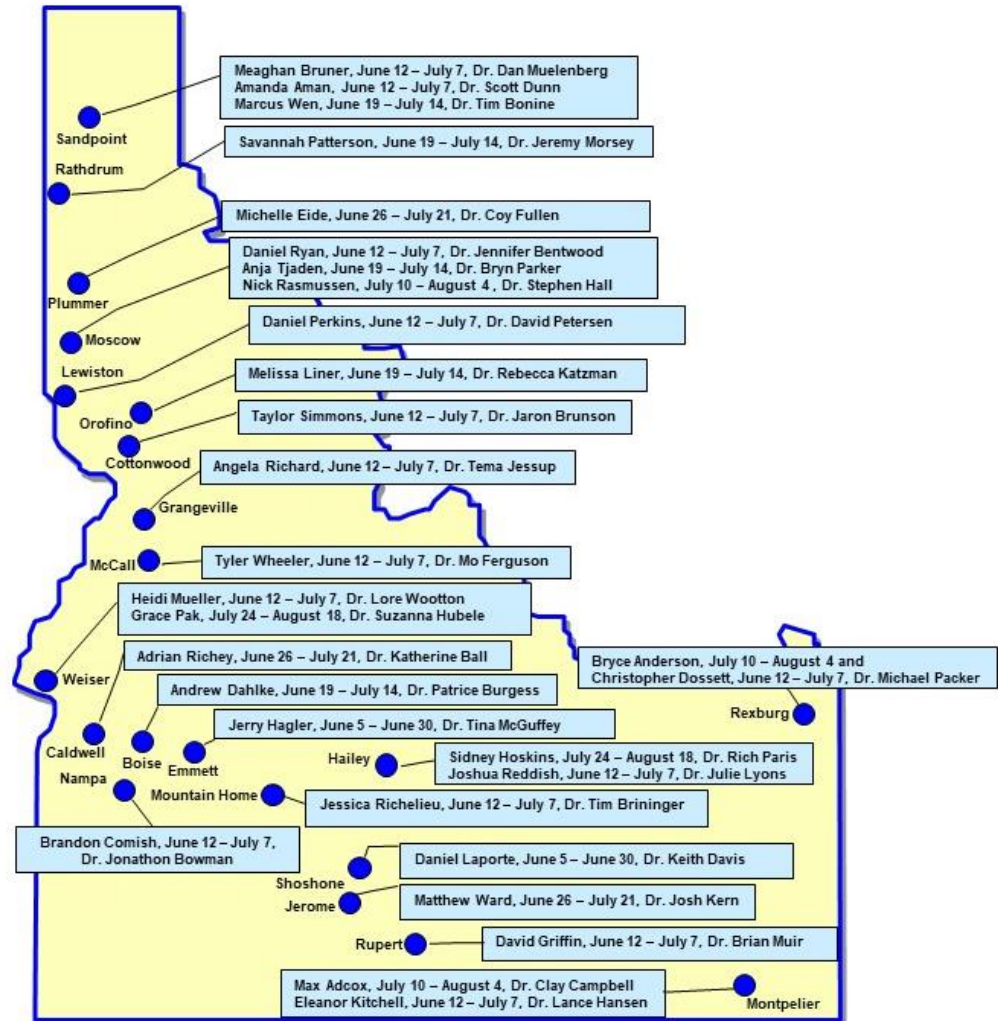
Whitney Vincent, Administrative Coordinator, Idaho WWAMI (Moscow)

Charles Webb, MD, Allergist/Immunologist, The Allergy Group (Boise)

CONGRATS TO ALL!

2017 Rural Underserved Opportunities Program A Summer Across Idaho!

THANK YOU, Idaho RUOP Physician Preceptors and Communities!



The Rural Underserved Opportunities Program (RUOP) was in full swing over the summer of 2017. RUOP was developed to connect medical students to rural and underserved communities to give them a taste of clinical primary care practice. Students live and work in their RUOP communities during their designated dates. In 2017 a total of 29 medical students were placed in communities throughout Idaho. We thank the many Idaho physicians who volunteered their time, and the communities that welcomed students this summer during their RUOP experiences.



Pictured left to right – Student, Jerry Hagler and Dr. Tina McGuffey (Emmett), Student, Heidi Mueller and Dr. Lore Wootton (Weiser)

TRUST Scholar Community Project

Tate Saurey, Idaho TRUST Scholar completed his WWAMI Rural Integrated Training Experience (WRITE) in March, 2018 at his TRUST community of Nampa, Idaho at Terry Reilly Health Services. WRITE students spent 22 – 24 weeks in their TRUST communities during the Patient Care Phase of their clinical education.

During this time, students complete community projects that directly impact the community they are working and learning in. Tate's community project focused on meeting the needs of the foster community for children and parents through a program called Fostering Promises. This project is very close to Tate, and his wife, Kara's hearts as they've been volunteering as foster parents for the past two years.

Due to the nature of foster care, foster parents sometime have very little time to prepare for children coming into their home and children often come into care without any of their belongings apart from the clothes they are wearing.

Tate teamed up with One Church One Child to provide "First Night Bags" for children as they enter care. The Canyon County Health and Welfare Department has also become involved and has dedicated a room to store bags. 100% of the proceeds and donations go directly to helping foster children in the area.

Tate's project goal was to gather enough donations to make up 300 bags. To date, they have exceeded some of their goal items with diapers (1,086 diapers), combs (188), and some of the pajama sizes. If you'd like to become involved or just want to learn more about this story watch this great video <https://youtu.be/etr6-mp6aD8>

Like & Follow Fostering Promises
Facebook page

<https://www.facebook.com/groups/428574650910936/>

Interested in donating? Visit inventory list
[https://docs.google.com/spreadsheets/d/1QjxEJ-](https://docs.google.com/spreadsheets/d/1QjxEJ-gjua_OAsjYKohBQDhgaoNllXZUMxkflQ684w8/edit?usp=sharing)

[gjua_OAsjYKohBQDhgaoNllXZUMxkflQ684w8/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1QjxEJ-gjua_OAsjYKohBQDhgaoNllXZUMxkflQ684w8/edit?usp=sharing)

2017 Idaho WWAMI UWSOM Graduating Students

Idaho WWAMI is proud to announce our 21 graduates were hooded at the University of Washington School of Medicine's Hooding Ceremony in Seattle, WA on May 26, 2017. Graduating students proceed into the residency training phase of their medical careers, which can range from three additional years of training to up to seven years, depending on specialty selection. Our 2017 graduate specialty choices are shown below along with their respective residency programs. We would like to congratulate all our graduating students on their achievements.

Program	Specialty	City	State
U Illinois COM-Chicago	Anesthesiology	Chicago	IL
U Arizona COM at Tucson	Anesthesiology	Tucson	AZ
U New Mexico SOM	Emergency Medicine	Albuquerque	NM
University Hosps-Columbia-MO	Emergency Medicine	Columbia	MO
U Cincinnati Med Ctr-OH	Emergency Medicine	Cincinnati	OH
Oregon Health & Science Univ	Fam Med/Cascades East	Klamath Falls	OR
Family Medicine Res of Idaho	Family Med/Rural	Boise	ID
Kootenai Health-ID	Family Medicine	Coeur d'Alene	ID
Family Medicine Res of Idaho	Family Medicine	Boise	ID
Providence Hospital-AK	Family Medicine	Anchorage	AK
McKay-Dee Hospital Ctr-UT	Family Medicine	Ogden	UT
Providence Health-OR	Internal Medicine/St Vincent	Portland	OR
Virginia Commonwealth U Hlth Sys	Medicine-Emergency Med	Richmond	VA
Tulane Univ SOM-LA	Medicine-Pediatrics	New Orleans	LA
U Washington Affil Hosps	Medicine-Preliminary	Seattle	WA
U Washington Affil Hosps	Medicine-Primary	Seattle	WA
Penn State Hershey Med Ctr-PA	Orthopaedic Surgery	Hershey	PA
Barnes-Jewish Hosp-MO	Orthopaedic Surgery	St Louis	MO
U Texas Southwestern Med Sch-Dallas	Pediatrics	Dallas	TX
Barnes-Jewish Hosp-MO	Plastic Surgery (Integrated)	St Louis	MO
Swedish Medical Center-WA	Surgery-Preliminary	Seattle	WA



Left to right – Idaho graduates, Alan Potts, Joshua Bagley, Benjamin Searcy, Madison Skogsberg, and Matthew Peters

Idaho Academy of Family Physician Highlights



© 2018 Courtesy of Idaho AFP

Idaho Academy of Family Physicians makes the national American Academy of Family Physicians news & Idaho Medical Student & 2017 UWSOM Graduate, Matthew Peters is highlighted. Pictured here, Matthew presents Tar Wars to a group of elementary students. https://www.aafp.org/news/health-of-the-public/20171107idahotarwars.html?cmpid=m_AP_20171108



Idaho Academy of Family Physicians President's Message Dr. Jonathan Bowman (Family Medicine, Nampa)

<http://idahofamilyphysicians.org/wp-content/uploads/2017/08/Bowman-Article-8-2017.pdf>



Idaho Medical Student, Craig Steiner (far left) inducted into the Idaho Academy of Family Physicians' Board of Trustees – Surrounded by mentors and future colleagues – May 2017

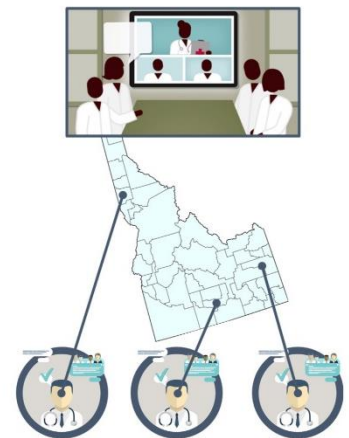
Read more about the Idaho Academy of Family Physicians and all they do in support of Family Physicians across Idaho <http://idahofamilyphysicians.org/>

Announcing Launch of ECHO Idaho



The University of Idaho and WWAMI Medical Education Program are proud to announce the launch of ECHO Idaho. Project ECHO (Extension for Community Healthcare Outcomes) is a learning and guided practice model led by expert teams who use video conferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses and other clinicians learn to provide specialty care to patients in their own communities. Sessions consist of a brief lecture as well as a review and discussion of patient cases submitted by clinic participants.

With support from the Idaho Department of Health and Welfare Statewide Healthcare Innovation Plan, ECHO Idaho launched its first virtual teleECHO clinic in March 2018 focusing on **Opioid Addiction and Treatment**. The clinic aims to create a network of Idaho providers equip to enhance patient care, treatment, and management of opioid abuse. A panel of six specialists (MD Pain Specialist, PharmD, MD Addiction Specialist, MD Psychiatrist, LCSW, NP) use video conferencing to connect with providers from around the state. Examples of lecture topics include CDC Guidelines, Evaluating the Patient with Chronic Pain, Evidence Based Screening for OUD, and Non-opiate Therapy for Pain. During sessions, everyone teaches and everyone learns as community providers learn from specialists and from each other and specialists learn from providers as best practices emerge. Participants report they “love hearing the clinical experience” and “excellent discussion with lots of ideas about treatment”.



ECHO Idaho Opioid Addiction and Treatment Clinic sessions are held every other Thursday from 12:15-1:15MT. Enrollment is free, open to all healthcare providers, and no cost continuing medical education credits are available to participants. Even though the clinic has already begun, **it's not too late to join**. To learn more and enroll in the clinic visit: www.uidaho.edu/echo, email: echoidaho@uidaho.edu, or call 208-364-4698.



ECHO Idaho Panel - April 2018

Thank you for reading The WWAMI Messenger
Please send updates, questions or comments to idwwami@uw.edu