



We are excited to announce the **E22 WWAMI-wide TRUST Leadership Retreat** has been scheduled for **August 23 - 26, 2023** in beautiful Coeur d'Alene, Idaho.
This event has been added to your student calendars and is made possible by a generous donor who believes in the impact of rural physicians. As a result, your expenses for this retreat will be paid for/reimbursed.

Looking Ahead:

Here are some key dates to keep in mind as you are planning your personal / curricular schedule for Summer 2023:

Summer Break:

• June 19 - 23, 2023

Summer Quarter:

• June 26 - Sept. 15, 2023

RUOP* Clinical Dates:

 Variable start dates; between July 3 - Aug. 22, for a period of 6 weeks

Medicine, Health & Society (MHS) II**:

- Aug. 28 Sept. 5, 2023 (asynchronous)
- Sept. 5 15 (at Foundation campus)

^{*}More information about RUOP provided on the following page of this newsletter.

^{**} The first week of MHS II can be completed anywhere (your TRUST site, your home location, etc.). The second week of MHS II is expected to occur at your Foundation campus.

AGENDA / CURRICULUM:

The purpose of this leadership retreat is to provide an opportunity for you to get to know the other TRUST students in your cohort – across all five WWAMI states – while also growing your physician leadership skills. You will have a chance to network with other WWAMI Clinical Deans, Preceptors/Faculty, and guests. We welcome your ideas for topics, please email somrural@uw.edu with suggestions.

LODGING / ACCOMMODATIONS:

We are excited to host the retreat at Camp Lutherhaven on Lake Coeur d'Alene in Northwest Idaho. We were able to use this venue last year with



great success as it offers several outdoor amenities and is very accommodating for our needs. TRUST Scholars will be staying in the Good Earth Lodge cabins which have bunk beds and shared restrooms. Our group will also be accessing the Retreat Center Lodge and the Chapel. All meals and linens (bedding, pillows, & towels) are included. We will plan to solicit dietary preferences and provide packing lists as the event approaches.

As a note, this retreat center is operated by Lutherhaven Ministries, Inc., a 501©3 non-profit corporation and has Christian-based origins and icons on the campgrounds. The UWSOM TRUST program does not endorse or affiliate with religious-based activities and selected this retreat center based on its central location and affordability for the purposes of our program.

TRAVEL:

Last year, most students drove and/or carpooled to the retreat center. For students traveling from Alaska, our office will work with you on booking airfare through the UW contracted rates. Please start thinking about your travel plans for this retreat and reach out to us with any questions.

ACTIVITIES:

There will be unscheduled time for you to make use of the various activities at the retreat center which includes swimming, canoeing / kayaking, basketball, volleyball, pickleball, frisbee

RUOP:

- Please plan to coordinate with your preceptor/site to schedule your RUOP clinical dates (anytime between 7/3 8/22, 6-week consecutive duration of which 4 weeks will be in clinic, 2 weeks will be spent working on curricular assignments)
- Your clinical dates should not conflict with this leadership retreat
- Please plan accordingly so that you have enough time to complete your RUOP project
- Tip: consider scheduling your RUOP clinical dates earlier in the summer (though this is dependent on individual/site)

Questions? Reach out to Dr. Kim Kardonsky, Director of TRUST (kardok2@uw.edu), Toby Keys, Director of RUOP (keyst@uw.edu) or your regional Clinical Deans.

golf, and lawn games. Wi-Fi is available though cell coverage is spotty.