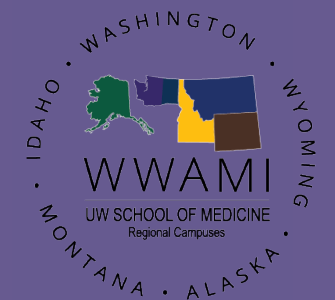




Supplemental ERAS Application: Drop-in Session

CAREER ADVISING

TONJA BROWN
LINH NGO



UW Medicine

SUPPLEMENTAL ERAS APPLICATION TIMELINE

Activity	Date
Supplemental ERAS application opens	August 1
Reminders sent from AAMC	August 25 September 8 September 15
Supplemental ERAS Application CLOSES	September 16 at 2 p.m. PT
Available to program directors	September 28 at 6am PT

Supplemental Application deadline is 9/16 at 1:59pm PT

myERAS application deadline is 9/28 at 5:59am PT



ACCESSING RESOURCES

- 8/1/22 Email from ERAS

Communications:

- Contains your personalized link to access the supplemental application

- UWSOM Residency Season Newsletter – [see newsletter archive](#)

Preparation Resources

students-residents.aamc.org/applying-residencies-eras/preparation-resources-residency-applicants

- Supplemental ERAS Application Guide
- Supplemental ERAS Application Worksheet
- Webinar Recordings

Participating Program List

students-residents.aamc.org/applying-residencies-eras/programs-participating-supplemental-eras-application

FAQ

students-residents.aamc.org/applying-residencies-eras/supplemental-eras-application-faq

Didn't Receive A Link to the Supplemental?

Check Your Email from AAMC on 8/5/22

Subject: Action Needed to Ensure You Receive Important Emails Regarding Your ERAS Application

- 3,500 applicants opted out of receiving all emails from the AAMC.
- These students did not receive:
 - the 8/1/22 email with their unique invitation code.
 - any information and resources from ERAS Communications.
- Action item in 8/5/22 email will solve the issue.



Structure of Supplemental ERAS Application

- Three sections:
 - Past Experiences
 - Geographic Preferences
 - Program Signals
- All sections and questions are optional - **optimize the opportunity**
- Free stand-alone application
 - Submit via a different website than myERAS

Programs receive Supplemental at the same time as myERAS application:

- One package of information downloaded together
- Complementary vs redundant



Potential Benefits



Supplemental application allows students to highlight the most important/impactful experiences



Geo preferencing and signaling may help applicants be noticed by programs



Programs may use geo preferencing and signaling as part of the holistic process to invite applicants to interview they would have otherwise overlooked and as a tiebreaker

Meaningful Experiences: 300 Character Essay

- Experience Type
- Focus Area
- Key Characteristics
- Meaningfulness Essay

Experience Type

- Position and Organization
- Start and End Dates
 - Ongoing
- Frequency of Participation
- Setting

Choose the one focus area that *best* describes the experience for you.

- Basic science
- Clinical/translational science
- Community involvement/outreach
- Customer service
- Healthcare administration
- Improving access to healthcare
- Medical education
- Music/Athletics/Art
- Promoting wellness
- Public health
- Social justice/advocacy
- Technology
- Quality improvement

Choose the most important characteristic that you demonstrated or developed during the experience.

- Cultural Humility and Awareness
- Empathy and Compassion
- Communication
- Teamwork and Leadership
- Reliability and Dependability
- Ethical Responsibility
- Self Reflection and Improvement
- Resilience and Adaptability
- Critical Thinking and Problem Solving
- Ingenuity and Innovation



Meaningful Experiences: Writing Tips

Reflect	Why was the experience meaningful, how has it influenced you, and what you will bring to residency because of it?
Weave	Weave in the focus areas or characteristic you tagged.
Don't List	Do not just list what you did or the set of skills developed.
Be Succinct	Note the 300-character limit.
Summarize	Focus information and avoid extraneous info.



Other Impactful Experiences Essay

Please describe any challenges or hardships that influenced your journey to residency. This could include experiences related to family background, financial background, community setting, educational experiences, and/or general life experiences: *(750-character limit)*

Meant to capture information not otherwise described in PS, MSPE, LORs, CV, etc.

Additional opportunity to demonstrate determination and resilience

PDs do not expect all applicants to reply to this question

30% of applicants did not reply in 2022 cycle.



Other Impactful Experiences Essay: Topic Examples

- Financial Hardships I.e., Worked to support family growing up
- Life Circumstances: Serious life challenge, illness, passing of a family member, serving as caregiver while working or in school
- Family background: First generation to higher education or in medicine
- Educational Experiences: Limited access to advisors and mentors
- Community Setting: Food scarcity or lack of access to medical care

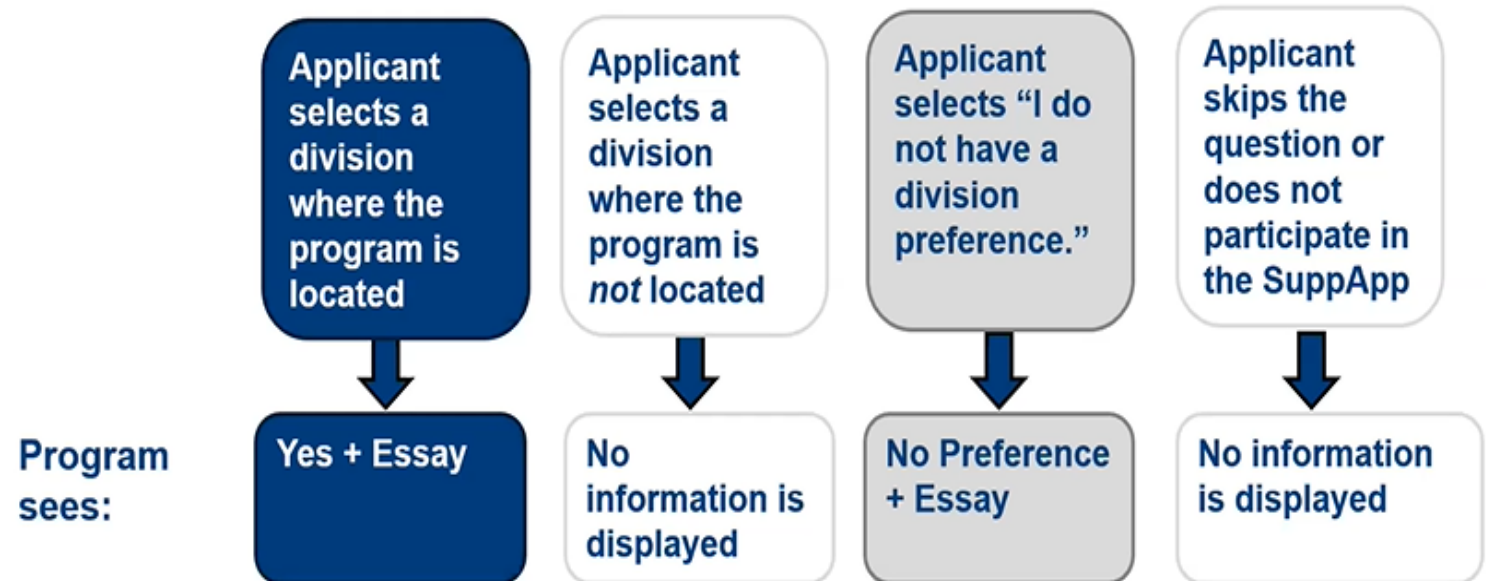
Geographic Preferences

- **Division Preferences**

- 9 U.S. Census divisions

- **Setting Preference**

- Rural: population of 2,500 or less
- Urban: population of 45,000 or more
 - Top 200 cities have populations of 50,000+





Program Signaling

- **Use all signals**
- **2022 AAMC Data:**
 - About 25% of programs received about 50% of the signals
 - Value of signals is not equal with all programs; signals may carry less weight w/ top tier programs who participate in Supplemental
- **Specialty Career Advisors are best resource**
 - Align your competitiveness & career goals with program competitiveness & goals
- **Refer to Specialty Guidance on Signaling Home & Away programs**
 - Page 19 and 20 in Supplemental ERAS Application Guide
 - CHECK with you Specialty Career Advisor regarding UW's preference on home program signaling

Application Reminder: Home and Away Programs

Use the drop down below to select up to five (5) **Anesthesiology programs** to which you want to submit a signal. There is no rank order for the signals. Do NOT send more than one signal to the same program.

Program 1

Program 2

Use the drop down below to select up to three (3) **Dermatology programs** to which you want to submit a signal. There is no rank order for the signals. Do NOT send more than one signal to the same program.

You should not signal the program at your medical school or any program at which you have already completed an in-person clinical sub-internship or away rotations. Programs in Dermatology have agreed on this policy and expect that all students will have a strong interest in their home program or places they completed an in-person clinical sub-internship or away rotation.

Program 1

Use the drop down below to select up to six (6) **Diagnostic Radiology and Interventional Radiology programs** to which you want to submit a signal. There is no rank order for the signals. Do NOT send more than one signal to the same program.

Please check with your home program to determine whether they do not want you to send them a signal.

Program 1

Verbiage written on the application:

- Nothing indicated (e.g. Anesth)
- You should **not** signal the program... (e.g. Derm)
- Check with your home program to determine whether they do **not** want you to send them a signal. (e.g. DR and IR)

Applying to Two Specialties

- All programs in both specialties will see the same content for meaningful experiences and geographic preferencing
- Signals will be different for each specialty

Example Student Applying in Anesthesiology and IM:

- Completes just 1 supplemental
- **Both** Anesthesiology and IM programs will see the same meaningful experiences/impactful life experience essay
- **Both** Anesthesiology and IM programs will see the same geographic preferences
- Student will have 5 Anesthesia signals + 7 IM signals



Supplemental Application Support

- **Specialty Career Advisors**

- Provide strategy and specialty-specific information

- **SOM Career Advisors: Sarah, Linh and Tonja**

- Help develop your ideas and brainstorm
- Provide feedback on a draft
- Answer questions and provide general advice
- Use Office Hours, Mon-Thurs, 12-1pm PT or make a 15-min appointment for specific questions

- **Technical questions – Refer to ERAS Technical Support Team**

- SuppERASApp@aamc.org
- 202-862-6264, Monday-Friday 8-6pm ET