

## Brainstorming Bullet Points

In general, we encourage you to highlight activities/experiences during medical school, but significant experiences prior to matriculation may also be included.

If you are having trouble coming up with ideas and have completed a pathway, received a service award, or presented at Carmel, we have included a standardized list of “stock” bullet points that you may use as is or revise to reflect your experiences.

- Awards
- Committees
- III/Carmel, RUOP
- Leadership roles
- Mentorship
- Pathways
- Publications
- Research
- Teaching/tutoring
- Service learning/community service
- Student organization activities
- Extracurricular activities completed during clerkships: e.g. putting together a pamphlet, doing school visits on days off, creating a guide for other clerkship students, etc.
- Significant experiences prior to medical school: e.g. Peace Corps or other volunteer experience abroad, previous career if unusual or relevant to current path, research/publications, etc.

## Standardized Bullet Points

If you choose to use the text below as is, please make sure to replace any bolded text enclosed in brackets. You may alter the text to add information to reflect your own unique experiences.

### Pathways

Global Health: is current with requirements to complete the Global Health Pathway—a certificate program for medical students interested in careers dedicated to improving global health disparities. Students complete additional requirements and an international field experience.

Latinx Health: is current with requirements to complete the Latinx Health Pathway—a certificate program providing educational opportunities and experiences to medical students that will better prepare them to provide culturally responsive care for the Latinx community.

Indian Health: is current with requirements to complete the Indian Health Pathway—a certificate program that provides a unique educational and work experiences in the area of American Indian/Alaska Native health.

LGBTQ Health: is current with requirements to complete the LGBTQ Health Pathway—a certificate program that provides a number of educational opportunities and experiences to better prepare medical students to provide culturally responsive care for LGBTQ populations.

Underserved: is current with requirements to complete the Underserved Pathway—a certificate program for medical students interested in caring for underserved and vulnerable populations. Students participate in a longitudinal mentorship and complete additional coursework and community activities.

Multiple Pathways Example: is current with requirements to complete both the [Pathway 1] and the [Pathway 2] pathways. These certificate programs have additional requirements and provide unique experiences for students interested in these areas.

### UW SOM Service Award

was a recipient of the UW SOM Service Award, which is given to fifteen percent of students in each class, for their outstanding commitment to extracurricular service and advocacy activities within the community.

### III Project

completed the Independent Investigative Inquiry requirement based on his/her/their research entitled, “[**TITLE OF III PROJECT.**]”

### Carmel Attendance

was selected to present [**his/her/their**] research at the Western Student Medical Research Forum in Carmel, California in [**Year**], and [**his/her/their**] abstract was published in the Journal of Investigative Medicine.